FOREWORD BY MARSHALL GOLDSMITH

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# LANGUAGE THAT D S LEAN D S

Communication Strategies that **Inspire** and **Engage** 

A PDF COMPANION TO THE AUDIOBOOK

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## CHAPTER ONE ADAPTABILITY

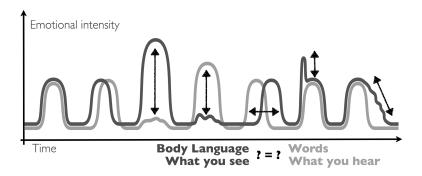
### ADAPTABILITY SCALE

1 2 3 4 5 6 7 8 9 10

LOW ADAPTABILITY HIGH ADAPTABILITY

This is a scale you can use to measure the adaptability of yourself and also of each member of your team and then discuss what may need to be improved. For example, if someone on your team frequently experiences strong negative emotions when faced with the unexpected, what tips could you offer to help them improve?

### BODY LANGUAGE CONGRUENCY MODEL



### CHAPTER TWO EMPATHY

### **EMPATHY SCALE**

1 2 3 4 5 6 7 8 9 10

LOW EMPATHY HIGH EMPATHY

This is a scale you can use to measure the empathy of each member of your team and then discuss what may need to be improved. For example, if Norma was the least empathetic according to group results, what tips can all of you give her to be more empathetic? You can also use this to measure a leader's empathy and give them feedback.

### CHAPTER THREE ENGAGEMENT

### **ENGAGEMENT SCALE**

1 2 3 4 5 6 7 8 9 10

LOW ENGAGEMENT HIGH ENGAGEMENT

This is a scale you can use to measure the engagement of each member of your team and then discuss what may need to be improved. For example, if Bill was the least engaged according to group results, what tips can all of you give him to be more engaged? You can also use this to measure a leader's engagement and give them feedback.

### CHAPTER FOUR TRANSPARENCY

### TRANSPARENCY SCALE

1 2 3 4 5 6 7 8 9 10

LOW TRANSPARENCY HIGH TRANSPARENCY

This is a scale you can use to measure the transparency of each

member of your team and then discuss what may need to be improved.

### CHAPTER FIVE COURAGE

### COURAGE SCALE

1 2 3 4 5 6 7 8 9 10

LOW COURAGE HIGH COURAGE

This is a scale you can use to measure the courage of each member of your team and then discuss what may need to be improved.

## CHAPTER SIX

### DISCIPLINE SCALE

1 2 3 4 5 6 7 8 9 10

LOW DISCIPLINE

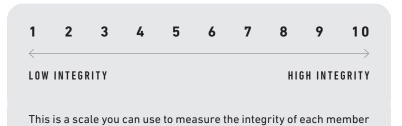
HIGH DISCIPLINE

This is a scale you can use to measure the discipline of each mem-

This is a scale you can use to measure the discipline of each member of your team and then discuss what may need to be improved.

### CHAPTER SEVEN

### INTEGRITY SCALE



of your team and then discuss what may need to be improved.

## CHAPTER EIGHT HUMILITY

### **HUMILITY SCALE**

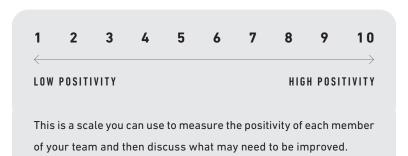
1 2 3 4 5 6 7 8 9 10

LOW HUMILITY HIGH HUMILITY

This is a scale you can use to measure the humility of each member of your team and then discuss what may need to be improved.

### CHAPTER NINE POSITIVITY

### POSITIVITY SCALE



### CHAPTER TEN

### PURPOSEFULNESS SCALE

1 2 3 4 5 6 7 8 9 10

LOW PURPOSEFULNESS

HIGH PURPOSEFULNESS

This is a scale you can use to measure the purposefulness of each member of your team and then discuss what may need to be improved.