KRISTIN CHENOweth

I’m No Philosopher, But I Got Thoughts

MINI-MEDITATIONS FOR SAINTS, SINNERS, AND THE REST OF US

A PDF COMPANION TO THE AUDIOBOOK
I’m No Philosopher, But I Got Thoughts

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A SIMPLE PRAYER
FOR THIS BOOK

Creator,
open my mind to create.

Christ,
open my heart to love.

Holy Spirit,
empower my voice.
William James

“There is only one thing that a philosopher can be relied on to do . . . a philosopher can contradict other philosophers.”

Sally Brown

“Oh yeah? That’s what you think!”
Somewhere beyond right and wrong, 
there is a garden. 
I will meet you there.

When the soul lies down 
in that grass, 
the world is too full to talk about. 
Even the words each other 
make no sense.

Rumi
Doodle Time

SUBDIVISION OF MY MENTAL REAL ESTATE

- 63% Being good at my job
- 22% Being a good daughter/partner/friend
- 8% True crime shows
- 3% "Old Town Road" melody hook (Get out of my mind, Lil Nas X!)
- 2% Is this the shirt I wore yesterday?
- 2% Mmm . . . bacon bits
But for real . . .

What’s occupying your thoughts? Slice up the pie chart, and ask yourself: “How do I feel about the expenditure of my time and emotional energy? Am I getting a good return on my investment?” Remind yourself as you divvy up this pie chart: “I draw the lines.”

══════ % Family

════ % Work

════ % Volunteering/random acts of kindness

════ % Social media/entertainment

════ % Meditation/prayer

════ % Physical exercise

════ % Things over which I have ultimate control

════ % Things over which I have zero control

════ % ""
You know how people tell you to have the “patience of Job”? Well, I checked my Bible, and Job bitched his head off. So there ya go. You now have the patience of Job. You’re welcome.
FRIENDLY REMINDER

You know how people tell you to have the “patience of Job”? Well, I checked my Bible, and Job bitched his head off. So there ya go. You now have the patience of Job. You’re welcome.

A SIMPLE PRAYER FOR UNDERSTANDING

I want to know.

I’m willing to know.

I’m waiting to know.

Y’know?
Sell your CLEVERNESS and buy BEWILDERMENT.

Rumi
In *A Little Bit Wicked*, I shared a list of QFGWIMH:

- Why is forgiveness so dang hard?
- Why is slapstick so dang funny?
- Who is the sadistic genius behind cellulite?
- Where are the mates to most of my socks?
- What if you made it so that hate would cause hemorrhoids? Just an idea.

Believe me, that list has grown as long as an opera glove during the decade since that book was published.

- Will there be a welcome event? (If so, please make sure I’m seated between Flo Bird and Maria Tallchief.)
- Where are all the angels? I’m talking database with GPS. People need to know.
- If happy little bluebirds fly beyond the rainbow—okay, never mind.
- Is it me?
While I continue my list, I invite you to start a list of your own. Here’s a little jump start.

**Dear God:**

Where were you when . . .

Why do you always seem so . . .

What would happen if I . . .

How much longer do I have to wait for . . .

And another thing:
“IF WE HAVE NO PEACE, IT IS BECAUSE WE HAVE FORGOTTEN THAT WE BELONG TO EACH OTHER.”

MOTHER TERESA
A SIMPLE PRAYER FOR MY FAMILY

I know you see us.

Help us see each other.

When ill-chosen words get in the way,

help us hear the loving intent behind them.

When old injuries get in the way,

help us promote healing.

When we can’t get out of our own heads,

help us keep each other in our hearts.
Consider the lilies of the field, how they grow; they toil not, neither do they spin: And yet I say unto you, that even Solomon in all his glory was not arrayed like one of these.

MATTHEW 6:28–29 kjv
### Flip the Script

I’m trying to rewrite the negative dialogue that comes out of habit.

<table>
<thead>
<tr>
<th>Instead of saying...</th>
<th>I try to say...</th>
</tr>
</thead>
<tbody>
<tr>
<td>“Sorry for the slow reply.”</td>
<td>“Thank you for your patience.”</td>
</tr>
<tr>
<td>“I’m so stupid.”</td>
<td>“I love your idea.”</td>
</tr>
<tr>
<td>“I’m too [short/skinny/wrong] for this outfit.”</td>
<td>“This doesn’t fit me.”</td>
</tr>
<tr>
<td>“You’re such an idiot.”</td>
<td>“I don’t understand you.”</td>
</tr>
<tr>
<td>“You don’t care how I feel.”</td>
<td>“You’re not hearing me.”</td>
</tr>
<tr>
<td>“I hate myself for procrastinating.”</td>
<td>“To everything there is a season. And right now, it’s take care of me time.”</td>
</tr>
</tbody>
</table>
WHEN IN DOUBT:

Think

WW DOUBLE D!

(What would Dolly do?)
From the cowardice that dare not face new truth,

from the laziness that is contented with half truth,

from the arrogance that thinks it knows all truth,

Good God, deliver me!
get over yourselves, and let’s eat
A SIMPLE PRAYER
FOR PERSPECTIVE

If this is not what it seems . . .

what is it?

Show me the opportunities for
growth that are hidden by pride.

Reveal to me the aching hearts
hidden by the pride of others.

Build in me the gratitude that
requires me to celebrate myself.
EXISTENTIAL COLOR SCHEME

TEAL is the new black

BLACK is the new pink

PINK is the new bold

BOLD is the new think

THINK is the old know

KNOW is the new knew

KNEW is the old faith

FAITH is the new you
In Exodus 16, Moses told a story about how God fed his people bread from heaven as they wandered in the desert.

- Set a timer for 60 seconds.
- Inhale through your nose, exhale through your mouth.
- Cup your hands, creating a bowl in front of you.
- Allow your thoughts to rest on the words *Give us this day our daily bread*.
- Visualizing a warm loaf of fresh, fragrant bread in your hands, receive it as a symbol of God’s care for you. The daily bread Jesus spoke of in the Lord’s Prayer—the manna that came to God’s people in the desert—is baked fresh for you exactly when you need it.
A SIMPLE PRAYER
FOR BALANCE

I am at the center of a tightrope.
Be the muscle that strengthens my outstretched arms.
Just breathe

INHALE SIMPLICITY

exhale clutter

INHALE ASSURANCE

exhale apprehension

INHALE GRATITUDE

exhale lassitude

INHALE RESILIENCE

exhale doubt
Mood Vertigo

(Sing to the tune of Duke Ellington’s “Mood Indigo.”)

I can’t stand up, no, no, no
I can’t stand up
’Cause I got that mood vertigo
That feelin’ goes stealin’ from my head to my heel
While I regurgitate my last meal.
Always get that mood vertigo
Down deep inside my cochlea
In the mornin’ when I feel low
I’m overwhelmed with nausea.
’Cause no one really knows how to help me
When I wake up reeling and I gotta pee
When I get that mood vertigo
I could lay me down and cry.
WORDS AND PHRASES I CAN’T SAY BECAUSE THEY GROSS ME OUT

- HOT SUBWAY URINE
- CRAPBALLS
- MOIST
- PUKE
- PUCE (LOVE THE COLOR, HATE THE WORD, WHICH SOUNDS LIKE PUKE)
- CERVICAL SPINE
- STEROIDS
- POLITICS
- “AT THE END OF THE DAY . . .”
- “LET’S PIVOT”
- MEALY
- KNEECAPPED
- TRUMP
- “PICK YOUR BRAIN”
- “HONOR JUST TO BE NOMINATED”
Better Angels

BRACKET

GRUDGE-MONGER

GET OVER IT

GET OVER IT

OBLIGATION

GENEROSITY

GENEROSITY

TOLERANCE

ACCEPTANCE

ACCEPTANCE

SELF-RIGHTEOUSNESS

LOVE

LOVE

LOVE

LOVE

LOVE
PARTIAL LIST OF THINGS THAT MIGHT MAKE YOU FEEL BETTER RIGHT NOW

• KRISPY KREME DOUGHNUTS
• HUGGING A GOOD DOG
• HUGGING A GOOD PERSON
• SOUP
• THE SMELL OF YOUR MOM’S HOUSE
• LADYBUG LANDING ON YOUR SLEEVE
• BLOWING DANDELION FEATHERS
• CHAMOMILE TEA WITH HONEY
• THREE DEEP BREATHS
• HOT BATH
• ICE PACK
• HEATING PAD
• SMILING AT A FRIEND
• SMILING AT A STRANGER
• SAYING A LITTLE PRAYER
Dr. Jacob Jolij, a cognitive neuroscientist, developed a formula for discerning the most uplifting songs for the human brain, based on lyrics with a positive message, variations from major keys, chord progressions, and beats per minute. Based on that criteria, I’ve developed this mega-uplifting playlist. You’re welcome.

**Playlist for a Life Gone Sideways**

- **“OH HAPPY DAY”**
  - Edwin Hawkins Singers

- **“WALKING ON SUNSHINE”**
  - Katrina and the Waves

- **“HEROES”**
  - David Bowie

- **“HAIL HOLY QUEEN”**
  - Nuns in Sister Act

- **“BACK IN BABY’S ARMS”**
  - Patsy Cline

- **“9 TO 5”**
  - Dolly Parton

- **“RASPBERRY BERET”**
  - Prince

- **“FREE”**
  - Ultra Naté

- **“I WILL SURVIVE”**
  - Gloria Gaynor

- **“UNWRITTEN”**
  - Natasha Bedingfield

- **“NO TEARS LEFT TO CRY”**
  - Ariana Grande
GOD'S PLAN
MY PLAN
STARDOM
WISDOM
ME
ME
GOD'S PLAN
MY PLAN
Broadway is a risky business.

So is life.
A SIMPLE PRAYER
FOR STARTING OVER

Oh, Lord, help me get:

• Off my butt
• On my feet
• Over myself
WHO SAID IT BEST?

Roman philosopher Seneca

“Every new beginning comes from some other beginning’s end.”

The Dakota Ramblers

“Shut the door, I’m comin’ in the window.”
Open Wide

INHALE THROUGH YOUR NOSE,

exhale through your mouth.

- Start with your arms crossed, giving yourself a hug.
- Allowing your thoughts to rest on the word open, slowly open your arms until they’re stretched out in front of you and then out to the sides as far as you can in both directions.

Now use this space to answer the question:

*What are you doing here?*
Keep an open mind. But not so open that your brains fall out.

WALTER KOTSCHNIG
(paraphrased)
Rise! Shine!
Give God the glory!
Also try to eat some protein.
Or just screw it and
watch Netflix.

There’s always tomorrow . . .
Randomania

Know what the Zen master said to the hot dog vendor?

“Make me one with everything.”
Randomania

Know what the Zen master said to the hot dog vendor?

"Make me one with everything."

Timeless Text

Messages

Kristin

Mama Lynn, you made the wonderful decision that gave me life.
Thank you.

Kristin

Mom, you made the wonderful decision that gave me a life.
Thank you.
A SIMPLE PRAYER
FOR A HUNGRY HEART

In your all-encompassing arms, let me be encompassed.

In your all-seeing eye, let me be seen.

In the eternity of this moment, let me be fully present.
FRIENDLY REMINDER

There’s a difference between individualism and selfishness. Jesus was a rugged individualist, and he cared about other people. Be an individualist like Jesus.
Write the love letter you need to receive.

1. Use this space to write a note of encouragement.
2. Sign the note “someone who loves you.”
3. Tear it out and tuck it in the pocket of a coat you won’t wear for a while.
Remember that time when you thought I forgot about you?

I DIDN’T.
The greatest thing you’ll ever learn is just to love and be loved in return.

Eden Ahbez
A SIMPLE PRAYER
FOR A MORE LOVING WORLD

I know
love is real.

Help me
prove it.

Make me
an instrument.

Tune me up
and play me.

Let me be part of the flash-mob
symphony of love that’s out there,
just waiting to happen.
## LOVE CHAPTER CHECKLIST

**How are you doing on 1 Corinthians 13?**

### Love is . . .

<table>
<thead>
<tr>
<th>Quality</th>
<th>NAILED IT</th>
<th>NEEDS WORK</th>
</tr>
</thead>
<tbody>
<tr>
<td>Patient</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Kind</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Not envious</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Not stuck-up</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Not rude</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Slow to anger</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Forgiving</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Resistant to BS</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Rejoicing in truth</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Protective</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Trusting</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Optimistic</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Persevering</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Unfailing</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
Live in fragments no longer.

E.M. FORSTER
Didn’t you hear me say the first time I said, “You are fabulous”? Okay, fine. I’ll keep repeating it. 

YOU ARE FABULOUS. 

YOU ARE FABULOUS. 

YOU ARE FABULOUS.
A SHORT LIST OF THINGS I CAN’T/WON’T SHUT UP ABOUT

• MUSIC
• MY FAITH
• BROADWAY CARES
• THE NEED FOR MORE WOMEN BEHIND THE CAMERA
• THE IMPORTANCE OF BEING A GOOD TIPPER
• PET ADOPTION
• BALMAIN JACKET ½ OFF OF ½ OFF!
PARTIAL LIST OF PEOPLE WHO PROBABLY NEED MY LOVE RIGHT NOW

- ANYONE WHO LIVES WITH ME
- ANYONE WHO LIVES WITH AN @$$HOLE
- ANYONE WHO IS AN @$$HOLE
- FOLKS WHO WORK AT ANIMAL SHELTERS
- FOLKS WHO GET NERVOUS ABOUT TRAVELING
- CAREGIVERS
- TIFFANY TRUMP
- PEOPLE IN LINE AT THE DMV
- PEOPLE IN LINE AT THE DMV WITH TIFFANY TRUMP
PARTIAL LIST OF PEOPLE WHO PROBABLY NEED MY LOVE RIGHT NOW

• ANYONE WHO LIVES WITH ME
• ANYONE WHO LIVES WITH AN @$$HOLE
• ANYONE WHO IS AN @$$HOLE
• FOLKS WHO WORK AT ANIMAL SHELTERS
• FOLKS WHO GET NERVOUS ABOUT TRAVELING
• CAREGIVERS
• TIFFANY TRUMP
• PEOPLE IN LINE AT THE DMV
• PEOPLE IN LINE AT THE DMV WITH TIFFANY TRUMP

WAYS THE ROCK OF GIBRALTAR IS SUPPORTIVE

WAYS GOD IS SUPPORTIVE

WAYS YOU CAN BE SUPPORTIVE

PROVIDING A HOME FOR HILARIOUS LITTLE MONKEYS

PROVIDING WINE

LENDING ME YOUR PINK LOUBOUTINS

NO JUDGMENT

JUST BEING THERE

MIRACLES

PROVIDING A HOME FOR HILARIOUS LITTLE MONKEYS

ROCK SOLID

JUST BEING THERE

PROVIDING WINE

LENDING ME YOUR PINK LOUBOUTINS
PROBABILITY THAT EVERYTHING WILL GO AS PLANNED

<table>
<thead>
<tr>
<th>Percentage</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>42%</td>
<td>HAHAHAHAHAHAHAHA!</td>
</tr>
<tr>
<td>20%</td>
<td>None. Absolutely zero.</td>
</tr>
<tr>
<td>20%</td>
<td>Polka dots! But no.</td>
</tr>
<tr>
<td>17%</td>
<td>Zero. Are you high?</td>
</tr>
<tr>
<td>1%</td>
<td>Hope springs eternal.</td>
</tr>
</tbody>
</table>

Hope springs eternal.

None. Absolutely zero.

...HAHAHAHAHAHAHA!

...bacon bits...

...polka dots!

...but no.

...are you high?
Possible Titles for a Broadway Show About My Career

- The Good, the Bad, and the Glittery
- A Funny Thing Happened on the Way to the Emergency Room
- Guardian Angels in America
- Cats
- Cramalot
- Dolly Made Me Do It
- How to Succeed in Business Without Really Flying
- In the Tights
A SIMPLE PRAYER
FOR AN OVERWHELMING WORKDAY

Lord, walk beside me and hold my hand.

Or even just my pinkie.

Show me the next box on the flowchart.

Hold on to everything else until I get there.
Insomnia as Emoticons

12 AM 😊
1 AM 😞
2 AM 😔
3 AM 😐
4 AM 😲
5 AM 😞
6 AM 😲
7 AM 😞
WHO SAID IT BEST?

Frank Capra

“Don’t compromise. Believe in yourself. Because only the valiant can create.”

Jerry Chenoweth

“Just suck it up and do what you do.”
We make plans. God winks.
A SIMPLE PRAYER FOR SEEKING

Where to?
What for?
Why not?
Fill me with enterprising energy.
Gift me with an appetite for disruption.
Sharpen my sense of what-if...
Partial list of things Shakespeare made us laugh at

- BALDNESS
- BELCHING
- HALITOSIS
- FARTING
- FECES / URINATION, GENERAL SCATOLOGY
- INSANE / POWER-MAD RULERS
- CRANKY WOMEN (*always played by men, of course*)
- DEATH
- LOVE
- THE HUMAN CONDITION
- OURSELVES

(Remember when folks used to laugh at human foible?)
TOTALLY LEGIT BAD DAY
GROCERY LIST

- Band-Aids
- Bourbon
- Hairspray
- Matches
COMEDY IS TRAGEDY’S BEST HOPE OF GETTING OVER ITSELF.
DEPRESSION is a F#@%ING LIAR.
Just a Minute

CHAOS COPING MECHANISM

- Set a timer for 60 seconds.
- Inhale through your nose, exhale through your mouth.
- Allow your thoughts to rest on the word *hush*.
- Visualize a pond of croaking bullfrogs. As you hush them, they disappear beneath the calm surface of the water.
### Troubleshooting 101

Draw a line between the problem and the solution. Each solution may apply to multiple problems.

<table>
<thead>
<tr>
<th>PROBLEM</th>
<th>SOLUTION</th>
</tr>
</thead>
<tbody>
<tr>
<td>Bad romance</td>
<td>Duct tape</td>
</tr>
<tr>
<td>Computer issues</td>
<td>Safety pins</td>
</tr>
<tr>
<td>Wardrobe malfunction</td>
<td>Call best friend</td>
</tr>
<tr>
<td>Unfortunate haircut</td>
<td>Cream of mushroom soup</td>
</tr>
<tr>
<td>Burned toast</td>
<td>Long nap</td>
</tr>
<tr>
<td>Skin eruption</td>
<td>Box breathing exercise</td>
</tr>
<tr>
<td>Parents driving you nuts</td>
<td>Unplug and turn on again</td>
</tr>
</tbody>
</table>

(Actually, now that I think of it, “long nap” applies to most, if not all, of these.)
A SIMPLE PRAYER FOR PATIENCE WITH MYSELF

Could we please do this some other time?
PARTIAL LIST OF THINGS I TOTALLY BELIEVE IN

That’s my story, and I’m sticking to it!

- SASQUATCH (THE TRUTH IS OUT THERE)
- FISH THAT GROW LEGS AND WALK OUT OF THE POND/LAKE/OCEAN
- MY DOG, THUNDER, SPEAKS ENGLISH
- LIFE ON OTHER PLANETS (IT’S SO BRASSY TO THINK ALL THIS IS JUST FOR US)
- YEARS OF BLEACHING MY ROOTS IS GOING TO MY BRAIN
- MY MOM HAS A PSYCHIC CONNECTION TO THOSE SHE LOVES MOST
- IMAGINARY FRIENDS WE HAVE AS CHILDREN ARE ANGELS HELPING US ALONG, AND WHEN WE GET OLDER, EVEN IF WE CAN’T SEE THEM ANYMORE, WE CAN STILL HEAR THEM; WE JUST HAVE TO LISTEN
- THE WRIGHT BROTHERS, WHO INVENTED FLIGHT, WERE TIME TRAVELERS AND CAME BACK TO DO US A SOLID
- TIME TRAVEL
- FATHER, SON, AND THE HOLY SPIRIT
- THE SECRET LIFE OF DRAGONFLIES
RSVP

I am otherwise engaged and will not be available for your outrage event.
Forgive us our trespasses as we forgive those who trespass against us.

MATTHEW 6:12, PARAPHRASED
A SIMPLE PRAYER
FOR A STUPID MISTAKE

Ugh.

Give me grace to play the occasional role of punch line.

Help me sell myself on the value of a lesson learned.

Open my mouth to say, “I’m sorry,” and shut my mouth before I say, “but . . .”

Forgive me my pratfalls as I forgive those who pratfall before me.
ASKING FOR A FRIEND

Is it rude to throw a strawberry cupcake in someone’s mouth while they’re talking?
Just a Minute

LET IT GO

- Set a timer for 60 seconds.
- Inhale through your nose, exhale through your mouth.
- With each breath, shrug your shoulders, slowly bringing them up, then letting them relax.
- Allow your thoughts to rest on the word whatever.
Come, come, whoever you are, wanderer, worshipper, lover of leaving—it doesn’t matter.

*Ours is not a caravan of despair.*

—Rumi
THERE BE THREE THINGS which are too wonderful for me,
YEA, FOUR WHICH I KNOW NOT:

the way of an EAGLE IN THE AIR;
the way of a SERPENT UPON A ROCK;
the way of a SHIP IN THE MIDST OF THE SEA
and the way of a MAN WITH A MAID.

PROVERBS 30:18–19 KJV
We’re SOUL-FRIENDS.
A SIMPLE PRAYER
FOR SPACE AND SIMULTANEITY

From the insecurity that tells us love is weak,

from the cynicism that tells us love is rare,

from the naivete that tells us love is everything,

Good Lord, deliver us.
WHAT THE WORLD NEEDS NOW

FILL THIS HEART WITH EVERYTHING YOU LOVE.
I’LL GET IT STARTED WITH A FEW SUGGESTIONS.

spring
puppies
music
your awesome self
You are my sunshine,
my only sunshine.
You make me happy
when skies are gray.

BUT, HEY, I’M NOT AN IDIOT.
WHEN SKIES ARE GRAY,
I TAKE VITAMIN D.
Randomania

When I want a long day to be over,
I say, “Stab me with a dull butter knife.”
It’s like “Stick a fork in it, it’s done.”
But less pointed.
Apply as Needed:

I know how to be Brought Low,
and I know how to Abound.
In any and every Circumstance,
I have learned the Secret
of facing Plenty and Hunger,
Abundance and Need.
I can do All Things through Him
who Strengthens me.

PHILIPPIANS 4:12–13 ESV
I know how to be brought low, and I know how to abound. In any and every circumstance, I have learned the secret of facing plenty and hunger, abundance and need. I can do all things through him who strengthens me. Philippians 4:12–13 esv

You are going to be okay.
A SIMPLE PRAYER
FOR A LOST SOUL

I hear ya.
At the end of the day, we can endure much more than we think we can.

FRIDA KAHLO
INHALE THROUGH YOUR NOSE,  
i**nhale through your mouth**.

- Start with your arms crossed, giving yourself a hug.
- Hold both hands over your heart.
- Allow your thoughts to rest on the word *here*.
- Focus on the memory of someone you have loved and lost. Let images of them play across your mind like a slideshow, and invite that memory to remain in your heart.
If you think you can’t, you most certainly can’t.

If you think you can . . . well, I’d go with that.

WHAT DOES IT HURT?
SHE STOOD IN THE STORM AND WHEN THE WIND DID NOT BLOW HER WAY, SHE ADJUSTED HER SAILS.

ELIZABETH EDWARDS
A SIMPLE PRAYER FOR OPPORTUNITY

Help me see it.

The passing lane to the left of status quo.

The place where the grace notes go.

A space for my song.

A need for my voice.

The empty plate waiting for my loving-kindness.

Let me dream an undreamed dream and wake up wondering:

How did I not think of that before?
I’m just trying to matter.

JUNE CARTER CASH
SHE’S A BRICK HOUSE

Fill each brick with something that makes you feel stronger. I’ll get you started with a few suggestions.

- WEARING THE RIGHT SHOES
- BIG HAIR
- KNOWING I’M MY MAMA’S DAUGHTER
- PROTEIN
- YOU BELIEVING IN ME
FAITH is a reasonable stand-in for COURAGE
A SIMPLE PRAYER FOR SURRENDER

Oh, God. Here we go.

Please note use of plural pronoun.

Amen.
PARTIAL LIST OF TERRIFYING THINGS THAT REALLY COULD HAPPEN, SO TRY NOT TO THINK ABOUT IT

- SPLIT POSTERIOR PANTS SEAM
- INOPPORTUNE PROJECTILE VOMITING DUE TO BRAIN TUMOR
- BRAIN TUMOR
- CAT SCRATCH FEVER
- HEARING THE SONG “CAT SCRATCH FEVER” AND NOT BEING ABLE TO GET IT OUT OF YOUR HEAD
- IMPORTANT RELATIONSHIP DISRUPTED BY DEVASTATING REVERSAL
- IMPORTANT RELATIONSHIP CONTINUING UNTIL DEATH DO US PART
- DEATH
- TOM HANKS ANNOUNCING RETIREMENT
- PARENTS CONVERTING LIFE SAVINGS TO BITCOIN
- NO MORE QUARTERS
You can wrestle with a pig, but it’s still a pig. And it’s happy.
MOST LIKELY LOCATION NEXT TIME I CRY

- Car: 22%
- Pillow/blanket: 14%
- Understanding shoulder: 22%
- Shower/bathroom stall: 19%
- Dressing room: 11%
- Mom's house: 12%

THE WAY I SEE IT,
IF YOU WANT THE
RAINBOWS,
YOU GOTTA PUT UP
WITH THE RAIN.

DOLLY PARTON
A SIMPLE PRAYER
FOR CLOSURE

That happened.

Thank you, Lord, for your mysterious ways.

Lead me forward now, into the mystery of myself.
We are the opening verse of the opening page of the chapter of ENDLESS POSSIBILITIES.

Rudyard Kipling