



**max  
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**it's  
not** teen edition  
**about me**  
**live** like you mean it

**A PDF COMPANION TO THE AUDIOBOOK**

IT'S NOT ABOUT ME, Teen Edition

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**appendix**

**live like you mean it Journal Questions**

## ***Chapter 1***

### ***bumping life off self-center***

*Why is it so easy for us to be focused on self?*

*Who is the most unselfish person  
you know? What impact does  
it have on others?*

## ***Chapter 2***

### ***show me your glory***

*Consider your prayer life.*

*Put a percentage in front of each one.*

- \_\_\_ *praising God for who he is (adoring him, giving him glory)*
- \_\_\_ *thanking God for what he has done*
- \_\_\_ *interceding for the needs/concerns of others*
- \_\_\_ *praying for God's work and will to be done on the earth*
- \_\_\_ *admitting/confessing your own failures and sins*
- \_\_\_ *asking God to change you*
- \_\_\_ *requesting that God give you material things or change your circumstances*

*100% Total*

*What steps can you take to make  
your prayer life become more God-  
honoring, more others-focused,  
and not so self-centered?*

*Describe a specific situation in your own  
life this week in which you saw the  
glory of God displayed.*

### ***Chapter 3*** ***divine self-promotion***

*In the presence of what famous person (living or dead) would you be starstruck and speechless?  
Why are you so awed by that person?*

*Do you live in awe of God?  
Are you dumbstruck by his glory?  
Why or why not?*

*Which phrase best fits how you  
give glory to God or praise God?  
Circle any and all that apply.*

*serious and somber*

*enjoyable and satisfying*

*an act of duty*

*an act of passion*

*celebration*

*obligation*

*fun*

*loud*

*quiet*

*best alone*

*best in a crowd*

*tearful*

*moving*

*boring*

*other (specify):*

## ***Chapter 4*** ***holy different***

*List all of the ways you are different from God.*

*How are “his ways not your ways?”*

*What’s the most amazing work  
you’ve ever seen God do?*

*How does the truth of God’s power  
encourage you in any current  
difficulties you are facing?*

*Where do you need the Lord to  
show himself strong on your behalf?*

## ***Chapter 5*** ***just a moment***

*If you could go back in time and change  
some decision(s) in your past, what would  
you do differently and why?*

*When in your life has heaven  
seemed most real and this world  
had its loosest grip on you?*

*Think of the promise of eternity—  
affliction traded for glory. How, if at all,  
does that divine assurance help you?*



## ***Chapter 6*** ***his unchanging hand***

*Why do you think some people fall apart at  
the least pressure or change in their routine,*

*while others face huge change all the time,  
almost without blinking?*

*List the ways your life is changing. How can  
the scripture, "Jesus Christ is the same  
yesterday and today and forever"  
(Hebrews 13:8 NIV) give you comfort?*

*What steps can you make to give God  
control over all the changes in your life?*

## ***Chapter 7***

### ***God's great love***

*When have you felt as though your  
failures might somehow exhaust  
the limits of God's love?*

*What circumstances or life situations  
cause you to doubt God's love?*

*When, if ever, did God's love  
become more than just a word  
or an idea—when did it become  
deeply personal and real to you?*

## ***Chapter 8***

### ***God's mirrors***

*What role do you think God may  
be giving you to play in this  
great drama called life?*

*(Hint: Look at your gifts, abilities,  
opportunities, experiences, and passions.)*

*What do you mirror to others and promote—your  
team? Your school? Yourself? Your God?*

*Are you willing to serve God wholeheartedly,  
and reflect his glory, even if that means you don't  
get the attention and acclaim others get?*

## ***Chapter 9***

### ***my message is about him***

*In your opinion, how much play-acting goes on among Christians? How much of what we do is intended largely to call attention to ourselves?*

*If you were to take a two-week road trip with five strangers, what might they conclude about you and your deepest convictions at the end of the journey?*

*How does it make you feel to realize that God doesn't need us to do his work; rather, he allows us to work with him—not because we are so*

*If other Christians in the world imitated your practices and habits of "sharing the good news of Jesus," how effectively would the message be spreading?*

## ***Chapter 10*** ***my salvation is about him***

*Is it difficult for you to accept the news that salvation  
is a free gift—that you  
cannot earn it? Why or why not?*

*How does your understanding of the  
message of Christ need to change?*

*Who do you know needs to  
hear about Christ's unconditional  
love and acceptance?*

## ***Chapter 11***

### ***my body is about him***

*What do you sense God is saying to you  
about how to view your body?*

*What steps can you take to use your body for God  
and his purpose?*

## ***Chapter 12***

### ***my struggles are about him***

*What is the biggest ordeal you've ever faced?  
The greatest tragedy?*

*How can you walk through your  
immediate hardships  
in a way that glorifies God?*

*How would you respond if a non-religious friend  
were to ask you, "Why does God allow his people to  
experience such hardship and suffering?"*

*How can you be an instrument of compassion  
and encouragement in the lives of loved ones to  
help them glorify God in their hardships?*

## ***Chapter 13***

### ***my success is about him***

*How has God given you:  
Success?*

*Blessings?*

*How can you use your accomplishments to talk  
about God in away that doesn't sound fake?*



## ***Chapter 14***

### ***upward thinking***

*In the space below, write a letter to God. Pour out your heart. Confess your failures, and embrace his forgiveness. Admit your deepest spiritual longings, and call upon his infinite power. Describe the kind of God-centered life you'd like to have, and claim the certain promises of Christ.*