## CASSANDRACUMMINGS

FOUNDER OF THE STOCKS AND STILETTOS SOCIETY


A PDF COMPANION TO THE AUDIOBOOK

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ISBN 978-1-4002-3040-2 (eBook)
ISBN 978-1-4002-3038-9 (HC)

Library of Congress Control Number: 2022935498

Printed in the United States of America
2223242526 LSC 10987654321


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## ONE

## Mind Right, Money Ready

## Affirmation \#1

My life is $\qquad$ filled with $\qquad$ and $\qquad$ .

## Affirmation \#2

There is enough $\qquad$ , $\qquad$ , and $\qquad$ for everyone.

## Affirmation \#3

Money flows into my life. Because I respect it, it respects me. With money, I $\qquad$ .

## Affirmations \#4 and \#5

Write your own affirmations in the lines provided. Remember to use words that are strong, affirming, and focus on the present. For example, you should avoid saying, "I used to feel sad, but now I am grateful." And instead say, "I am grateful for my present life." In that statement we can infer that maybe you had struggles in the past, but since you are in the present, that's where your energy is focused.

Affirmation \#4

Affirmation \#5

## TWO

## Little Bank, Big Bank

LIST OF BROKERS

| BROKERAGE FIRM | BEST KNOWN FOR | WEBSITE |
| :---: | :---: | :---: |
| Fidelity | Best overall and best for beginners | https://fidelity.com |
| TD Ameritrade | Best trading platform and <br> best customer service | https://tdameritrade.com |
| E*Trade $_{\text {Best mobile trading }}$ | Best IRA accounts and <br> best broker podcast | https://etrade.com |
| Charles Schwab | Best easy-to-use website | https://schwab.com |
| Ally Invest | Berrill Edge | Best rewards from bank broker <br> hest bank and investing <br> all-in-one platform |
| JPMorgan | https://wwerrilledge.com |  |
| /investments/online-investing |  |  |

Source: Stockbrokers.com

## SAVINGS ACCOUNT TYPES

| SAVINGS ACCOUNT TYPE | DURATION | SAVINGS PRODUCT | INSTITUTIONS |
| :---: | :---: | :---: | :---: |
| Emergency fund | 1 month | Traditional savings account | Retail Bank <br> Credit Union |
|  | 2-24 months | High-yield savings | Online bank <br> Brokerage |
| Short-term savings | Up to 12 months | Traditional savings account | Retail bank <br> Credit union <br> Brokerage |
| Medium-term savings | $1-3$ years | Online high-yield savings <br> Money market accounts <br> CDs | Online bank <br> Brokerage |

## ALLY BANK QUICK CD LADDER CALCULATOR

https://www.ally.com/bank/cd-ladder/quick-calculator.html

# 4 year CD Ladder <br> potential balance after 8 years is $\$ 10,457$ 



## FIDELITY'S CD LADDER BUILDER

https://fixedincome.fidelity.com/ftgw/fi
/FILanding\#tbcds|treasury|cd-new-issue|all

## THREE

## Credit Card Come Up

## RESOURCES TO LEARN ABOUT CREDIT CARDS

- Magnify Money—https://www.magnifymoney.com /blog/building-credit/minimize-risk-check-if-youre -pre-qualified-for-a-credit-card220647375/
- American Express Points—https://global .americanexpress.com/rewards
- Chase Credit Card Points—https://www.chase.com /personal/credit-cards/ultimate-rewards
- The Points Guy-http://thepointsguy.com, a blog dedicated to getting the most out of credit card rewards


## FOUR

## Invest Like a Queen



Figure 2

## SIX

# Rock Your Retirement 



Figure 3


Figure 4

## BACKDOOR ROTH IRA CONVERSION EXAMPLE

| YEAR | NONDEDUCTIBLE IRA CONTRIBUTION* | ROTH IRA CONTRIBUTION | ROTH CONVERSION |
| :---: | :---: | :---: | :---: |
| 1 |  | $\$ 6,000$ |  |
| 2 | $\$ 6,000$ |  |  |
| 3 | $\$ 6,500$ |  | $\$ 12,500$ |
| 4 | $\$ 7,000$ |  | $\$ 7,000$ |
| 5 | $\$ 7,500$ |  | $\$ 7,500$ |

*May be a taxable event. Consult with your financial advisor or tax preparer for guidance.

## SEVEN

## Dividend Income Diva

| DIVIDEND GROWERS |  |  |  |
| :---: | :---: | :---: | :---: |
| CATEGORY | NUMBER OF US COMPANIES\# | EVALUATION FREQUENCY | CONSECUTIVE DIVIDEND (IN YEARS) |
| Dividend Kings | 38 | Annually | >50 |
| Dividend Champions | 141 | Monthly | >25 |
| Dividend Aristocrats* | 64 | Annually | >25 |
| Dividend Achievers~ | 350 | Annually | >10 |
| Dividend Contenders | 311 | Monthly | 5-9 |
| Dividend Challengers | 284 | Monthly | 10-24 |
| * = listed on the S\&P 500 Index \| $\sim$ = listed on the NASDAQ |  |  |  |

\# = current as of December 31, 2021

$200720082009201020112012201320142015 \quad 2016 \quad 2017 \quad 2018 \quad 20192020$
Source: Dividend Growth Investors.
Figure 5

> 10-Year Annual Adjusted Return of the S\&P 500 Dividend Aristocrats Index


Source: S\&P Dow Jones Indices. Data accurate to December 31, 2021.
Figure 6

## LIST OF ETFS TRACKING THE S\&P 500 DIVIDEND ARISTOCRATS INDEX

| INDEX | SYMBOL | EXCHANGE TRADED FUND (ETF) <br> THAT TRACKS THIS INDEX | SYMBOL |
| :---: | :---: | :---: | :---: |
| S\&P 500 Dividend <br> Aristocrats Index | SPDAUDP | ProShares S\&P 500 <br> Dividend Aristocrats | NOBL |
| S\&P High Yield <br> Dividend Aristocrats | SPHYDA | SPDR® S\&P Dividend ETF | SDY |
| S\&P Global Dividend <br> Aristocrats Index | SPGEDAUP | SPDR® S\&P® <br> Global Dividend ETF | WDIV |
| CB0E S\&P 500® Dividend <br> Aristocrats Target Income Index | SPATI | FT CB0E Vest S\&P 500 Dividend <br> Aristocrats Target Income ETF | KNG |

## LIST OF DIVIDEND ACHIEVER STOCKS

## AND THEIR ETFS

| INDEX | SYMBOL | ETF THAT TRACKS <br> THIS INDEX | SYMBOL |
| :---: | :---: | :---: | :---: |
| NASDAQ International Dividend Select <br> (Companies with at least <br> 7 years of dividend increases) | DVGI | Vanguard International <br> Dividend Appreciation ETF | VIGI |
| NASDAQ US Dividend Achievers 50 <br> (Top 50 companies from the <br> US Broad Dividend Achievers List) | DAY | Invesco High Yield Equity <br> Dividend Achievers ETF | PEY |
| NASDAQ US Dividend Achievers Select <br> (Select group of 246 companies with <br> at least 10 years of dividend increases) | DVG | Vanguard Dividend <br> Appreciation ETF | VIG |
| NASDAQ US Broad Dividend Achievers <br> (348 companies with at least <br> 10 years of dividend increases) | DAA | Invesco Dividend <br> Achievers ETF | PFM |

## Net Worth of Warren Buffett



Figure 7

## APPENDIX

Creating a dividend income strategy provides passive income for years to come. Use the Dividend Income Tracker below to help you put your own strategy in place. You can download this worksheet, access the dividend income calculator, and get the most up-to-date resources at http://fearlessfinances.com.

| TICKER <br> SYMBOL | EX-DIVIDEND <br> DATE | CURRENT <br> SHARE PRICE | DIVIDEND <br> YIELD | NUMBER OF <br> SHARES | QUARTERLY <br> DIVIDEND | ANNUAL <br> DIVIDEND <br> INCOME |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
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