FROM THE EDITORS OF FATHERLY

FATHER HCCO

A COMPREHENSIVE GUIDE TO BIRTH, BUDGETING, FINDING FLOW, AND BECOMING A HAPPY PARENT

A PDF COMPANION TO THE AUDIOBOOK

Fatherhood

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Published by Harper Horizon, an imprint of HarperCollins Focus LLC.

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> ISBN 978-0-7852-3783-9 (eBook) ISBN 978-0-7852-3782-2 (HC)

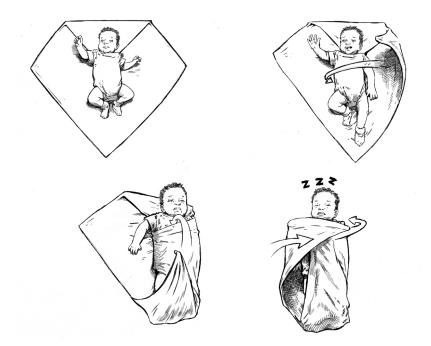
Library of Congress Control Number: 2021932520

Printed in the United States of America 21 22 23 24 25 LSC 10 9 8 7 6 5 4 3 2 1

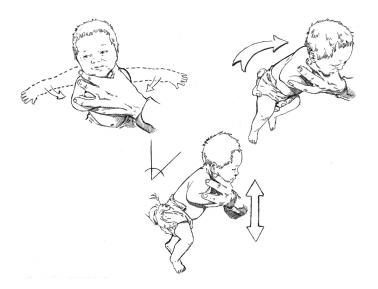
OUR MISSION

Thes are a/an family who believe that t	heir							
time together is best spenting,ing,ing,	and							
ing. Our job is to grow together and support one another through [verb]								
hardship and good times with[core value, such as honesty, faith	, 1]							
, and Beyond our home, we treat others [core value]	with							
and so that our fai [social value, such as respect, kindness] [social value]	mily							
members are a valuable and active part of our neighborhood								
community.								

HOW TO SWADDLE THE BABY



HOW TO POSITION THE CRYING BABY TO COMFORT



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REV. 112002		1											

US standard certificate of live birth Source: Centers for Disease Control (https://www.cdc.gov/nchs/data/dvs/birth11-03final-acc.pdf)

HOW TO HOLD THE BABY FOR FEEDING



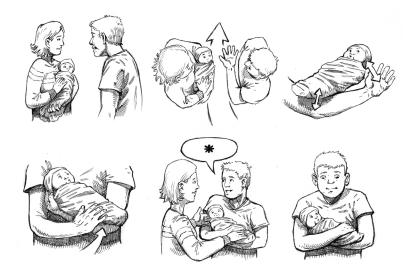




HOW TO BURP THE BABY

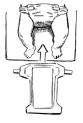


TAKING A HANDOFF



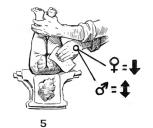




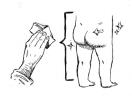


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HOW TO CHANGE A REUSABLE DIAPER

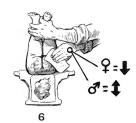








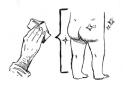
























HOW TO PUT THE BABY IN A CAR SEAT











