

They
Turned
the



prom

Upside
Down

*A Storyteller's Journey with
Those Who Dared to Follow Jesus*

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New York Times Bestselling Author

A PDF COMPANION TO THE AUDIOBOOK

I Choose

I have included this list because according to Scripture, we get to choose these, and when I do, I find myself much closer to the Father. It is by no means complete, but it's a great way to engage Scripture, and if you want to know the Father's will, you might find it here. Please feel free to add your own.

Abide

John 15:5, 7

1 John 2:17

Awake

1 Cor. 15:34

Belief/faith

Mark 9:24

Heb. 3:12

Gen. 15:6

Rom. 10:8; 11:20

John 3:36; 20:27–29

Bless the Lord

Ps. 103

Boast—in the Lord, in my iniquities

Gal. 6:14

Ps. 34:2; 44:8

2 Cor. 12:5, 9

Bring every thought into captivity

2 Cor. 10:5

Cast down arguments

2 Cor. 10:5

Contentment

Phil. 4:11–13

1 Tim. 6:6–10

Count it all joy when I fall into trial

James 1:2

**Decrease so that He might
increase**

John 3:30

Deny myself

Luke 9:23

Matt. 16:24

Endurance

Heb. 11:36; 12:2

Engage my will

Gen. 14:22; 15:6; 22:3

Job. 1:5

Faith

James 2:17–19, 22–24, 26

Heb. 11–12

Rom. 4:17

Fear of the Lord

Deut. 6:13; 10:12, 20

Josh. 24:14

Isa. 11:3

Prov. 1:7; 3:7; 10:27; 16:6

Ps. 111:10; 128:1; 147:11

Follow Him

Luke 9:23

Matt. 16:24

Josh. 24:15

Forgiveness

Matt. 6:14–15; 18:35

Mark 11:25

John 20:23

**Freedom/slave to
righteousness**

Gal. 5:1

Rom. 6:18

Gifts of the Holy Spirit

Rom. 12:3–8

1 Cor. 12:4–11; 14:1

Give

Luke 6:38

Acts 20:35

Matt. 10:7–8

Holiness

1 Peter 1:15–16

Heb. 12:14

Honor mother/father

Ex. 20:12

Deut. 5:16

Eph. 6:2

Hope

Rom. 5:3–5

Heb. 6:19

Hospitable/generous

1 Peter 4:9

**Humility/submission to
authority/put on the apron of
a bondservant**

1 Peter 5:5–6

James 4:10

Ps. 138:6; 146:8; 147:6

Prov. 16:5, 18–19; 22:4

**Hunger and thirst after
righteousness**

Matt. 5:6

Keep fervent in my love

1 Peter 4:8

Lay down crown

Rev. 4:4, 10

Matt. 20:16

Lay hold

Phil. 3:12

1 Tim. 6:12

Heb. 6:18

Life/blessing/good

Deut. 11:26; 30:19–20

Rom. 12:14

Matt. 5:44

Meekness

Matt. 5:5

Isa. 11:4

James 1:21; 3:13

Mercy

James 2:13

Matt. 5:7

More than a conqueror

Rom. 8:37

Not to be ashamed

Rom. 1:16

Not to bow down or serve

other Gods

Ex. 20:5

Obedience

Heb. 5:8–9

2 Cor. 10:4–5

Deut. 4:29–31

Overcome by the blood

Rev. 3:21; 12:11; 21:7

Persevere

Rev. 2:3; 3:10

Pick up cross/lay down life

John 15:13

Matt. 10:38

Power of God

Rom. 1:16

1 Cor. 1:18

Praise/worship

Heb. 13:15

Ps. 22:23; 63:3; 147–150

Pray without ceasing

1 Thess. 5:17

Press on/press toward

Phil. 3:12

Priest of My house

Ex. 19:6

1 Peter 2:9

Rev. 1:6; 5:10; 20:6

Pull down strongholds

2 Cor. 10:4

Purity

Phil. 4:8

1 Tim. 5:22

James 3:17

1 Peter 2:2

1 John 3:3

Matt. 5:8

Put on the armor of god

Eph. 6:11–18

Receive the Holy Spirit

John 20:22

Acts 2:38

Rejoice

Ps. 96:11; 118:24

Phil. 4:4

1 Thess. 5:16–18

Matt. 5:11–12	1 Peter 5:8
Repent	Titus 2:2
Rev. 3:19	Stand/hold fast the
Matt. 3:2	confession of my faith
Luke 13:3	Deut. 10:20
Acts 2:38; 17:30	Heb. 4:14
Resist the devil	Rom. 10:8–10
1 Peter 5:9	Rev. 3:3
Rise early	Ex. 14:13
Gen. 22:3	Eph. 6:13–14
Job 1:5	2 Chron. 20:17
Run with endurance the race	Gal. 5:1
set before me	Strength/courage
1 Cor. 9:24	Josh. 1:9
Heb. 12:1	Take up my cross daily
Sacrifice my Isaac	Luke 9:23
Salvation	Tear down my idols
Sanctification	Throw off everything that
Seek Him	hinders
Ps. 34:4; 63:1	Heb. 12:1
Deut. 4:29	Truth
Matt. 6:32–33; 7:7–8	John 8:32; 16:13
2 Chron. 7:14	Ps. 51:6; 63:1
Isa. 55:6	Vigilant
See—that my righteousness	1 Peter 5:8
is as filthy rags, chief among	Wait on the Lord
sinner, fallen short	Isa. 40:31
1 Tim. 1:15	Prov. 20:22
Isa. 64:6	Wage war
Serve	2 Cor. 10:4–6
Josh. 24:15	Pull down strongholds
Deut. 6:13	Cast down arguments and
Sober	every high thing that exalts

**itself against the knowledge
of God,
Bring every thought into
captivity to the obedience of
Christ
Ready to punish all
disobedience when your
obedience is fulfilled.**

Wisdom/discretion

Prov. 2:1–5, 10–12; 3:21–23;
4:5–7
James 3:14–17

Word

Ps. 119:9, 11
Isa. 66:5
Josh. 1:7–8
Prov. 4:20–22
Matt. 4:4
Jer. 15:16
Job 23:12
Rom. 15:4

Your deliverance

2 Sam. 22
Ps. 18; 34:4; 40; 70; 91; 144:2

Zeal

Num. 25:7–11

APPENDIX B

Deliverance

Deliverance Proclamations

And as Moses lifted up the serpent in the wilderness, even so must the Son of Man be lifted up, that whoever believes in Him should not perish but have eternal life. For God so loved the world that He gave His only begotten Son, that whoever believes in Him should not perish but have everlasting life. For God did not send His Son into the world to condemn the world, but that the world through Him might be saved. He who believes in Him is not condemned; but he who does not believe is condemned already, because he has not believed in the name of the only begotten Son of God.

JOHN 3:14–18 NKJV

Unless you believe that I am He, you will die in your sins.

JOHN 8:24 NASB

Through Him everyone who believes is freed from all things, from which you could not be freed through the Law of Moses.

ACTS 13:39 NASB

Our old self was crucified with Him, in order that our body of sin might be done away with, so that we would no longer be slaves to sin; for he who has died is freed from sin. . . . For sin shall not be master over you, for you are not under law but under grace.

ROMANS 6:6–7, 14 NASB

There is therefore now no condemnation to those who are in Christ Jesus, who do not walk according to the flesh, but according to the Spirit. For the law of the Spirit of life in Christ Jesus has made me free from the law of sin and death.

ROMANS 8:1–2 NKJV

Christ is the end of the law for righteousness to everyone who believes.

ROMANS 10:4

If you confess with your mouth the Lord Jesus and believe in your heart that God has raised Him from the dead, you will be saved. For with the heart one believes unto righteousness, and with the mouth confession is made unto salvation. . . . For “whoever calls on the name of the LORD shall be saved.”

ROMANS 10:9–10, 13 NKJV

I have been crucified with Christ; and it is no longer I who live, but Christ lives in me; and the life which I now live in the flesh I live by faith in the Son of God.

GALATIANS 2:20 NASB

Christ redeemed us from the curse of the Law, having become a curse for us—for it is written, “Cursed is everyone who hangs on a tree”—in order that in Christ Jesus the blessing of Abraham might come to the Gentiles.

GALATIANS 3:13–14 NASB

He rescued us from the domain of darkness, and transferred us to the kingdom of His beloved Son, in whom we have redemption, the forgiveness of sins. . . . And although you were formerly alienated and hostile in mind, engaged in evil deeds, yet He has now reconciled you in His fleshly body through death, in order to present you before Him holy and blameless and beyond reproach.

COLOSSIANS 1:13–14, 21–22 NASB

By one offering He has perfected for all time those who are sanctified.

HEBREWS 10:14 NASB

He Himself bore our sins in His body on the cross, so that we might die to sin and live to righteousness; for by His wounds you were healed.

1 PETER 2:24 NASB

If we confess our sins, He is faithful and righteous to forgive us our sins and to cleanse us from all unrighteousness.

1 JOHN 1:9 NASB

The Son of God was manifested, that He might destroy the works of the devil.

1 JOHN 3:8 NKJV

I saw Satan fall like lightning from heaven. Behold, I give you the authority to trample on serpents and scorpions, and over all the power of the enemy, and nothing shall by any means hurt you.

LUKE 10:18–19 NKJV

You are of God, little children, and have overcome them, because He who is in you is greater than he who is in the world.

1 JOHN 4:4 NKJV

“In the world you will have tribulation; but be of good cheer, I have overcome the world.”

JOHN 16:33 NKJV

Though we walk in the flesh, we do not war according to the flesh. For the weapons of our warfare are not carnal but mighty in God for pulling down strongholds, casting down arguments and every high thing that exalts itself against the knowledge of God, bringing every thought into captivity to the obedience of Christ.

2 CORINTHIANS 10:3–5 NKJV

Whatever is born of God overcomes the world. And this is the victory that has overcome the world—our faith. Who is he who overcomes the world, but he who believes that Jesus is the Son of God? . . .

Now this is the confidence that we have in Him, that if we ask anything according to His will, He hears us. And if we know that He hears us, whatever we ask, we know that we have the petitions that we have asked of Him.

1 JOHN 5:4–5, 14–15 NKJV

Blessed is the one whose transgression is forgiven, whose sin is covered. Blessed is the man against whom the LORD counts no iniquity.

PSALM 32:1–2

From Jesus Christ, the faithful witness, the firstborn of the dead, and the ruler of the kings of the earth. To Him who loves us and released us from our sins by His blood—and He has made us to be a kingdom, priests to His God and Father.

REVELATION 1:5–6 NASB

Through one act of righteousness there resulted justification of life to all men.

ROMANS 5:18 NASB

All of you who were baptized into Christ have clothed yourselves with Christ.

GALATIANS 3:27 NASB

He made Him who knew no sin to be sin on our behalf, so that we might become the righteousness of God in Him.

2 CORINTHIANS 5:21 NASB

You have died, and your life is hidden with Christ in God.

COLOSSIANS 3:3

“Their sins and their lawless deeds I will remember no more.”

HEBREWS 10:17 NKJV

The blood of Jesus Christ His Son cleanses us from all sin.

1 JOHN 1:7 NKJV

Because you have made the LORD, who is my refuge, even the Most High, your dwelling place, no evil shall befall you, nor shall any plague come near your dwelling; for He shall give His angels charge over you, to keep you in all your ways. In their hands they shall bear you up, lest you dash your foot against a stone. You shall tread upon the lion and the cobra, the young lion and the serpent you shall trample underfoot. Because he has set his love upon Me, therefore I will deliver him; I will set him on high, because he has known My name. He shall call upon Me, and I will answer him; I will be with him in trouble; I will

deliver him and honor him. With long life I will satisfy him, and show him My salvation.”

PSALM 91:9–16 NKJV

Blessed be the LORD my Rock, who trains my hands for war, and my fingers for battle—my lovingkindness and my fortress, my high tower and my deliverer, my shield and the One in whom I take refuge, who subdues my people under me.

PSALM 144:1–2 NKJV

This is the word of the LORD to Zerubbabel: “Not by might nor by power, but by My Spirit,” says the LORD of hosts.

ZECHARIAH 4:6 NKJV

You, O LORD, are a shield for me, my glory and the One who lifts up my head. I cried to the LORD with my voice, and He heard me from His holy hill. Selah I lay down and slept; I awoke, for the LORD sustained me. I will not be afraid of ten thousands of people who have set themselves against me all around. Arise, O LORD; save me, O my God! For You have struck all my enemies on the cheekbone; You have broken the teeth of the ungodly. Salvation belongs to the LORD. Your blessing is upon Your people. Selah

PSALM 3:3–8 NKJV

I will love You, O LORD, my strength. The LORD is my rock and my fortress and my deliverer; my God, my strength, in whom I will trust; my shield and the horn of my salvation, my stronghold. I will call upon the LORD, who is worthy to be praised; so shall I be saved from my enemies. The pangs of death surrounded me, and the floods of ungodliness made me afraid. The sorrows of Sheol surrounded me; the snares of death confronted me. In my distress I called upon the LORD, and cried out to my God; He heard my voice from His temple, and my cry came before Him, even to His ears. Then the earth shook and trembled; the foundations of the hills also quaked and were shaken, because He was angry. Smoke went up from His nostrils, and devouring fire from His mouth; coals were kindled by it. He bowed the heavens also, and came down with darkness under His feet. And He rode upon a cherub, and flew; He flew upon the wings of the wind. He made darkness His secret place; His canopy around Him was dark waters and thick clouds of the skies. From the brightness before Him, His thick clouds passed with hailstones and coals of fire. The LORD thundered from

heaven, and the Most High uttered His voice, hailstones and coals of fire. He sent out His arrows and scattered the foe, lightnings in abundance, and He vanquished them. Then the channels of the sea were seen, the foundations of the world were uncovered at Your rebuke, O LORD, at the blast of the breath of Your nostrils. He sent from above, He took me; He drew me out of many waters. He delivered me from my strong enemy, from those who hated me, for they were too strong for me. They confronted me in the day of my calamity, but the LORD was my support. He also brought me out into a broad place; He delivered me because He delighted in me.

PSALM 18:1-19 NKJV

Who is God, except the LORD? And who is a rock, except our God? It is God who arms me with strength, and makes my way perfect. He makes my feet like the feet of deer, and sets me on my high places. He teaches my hands to make war, so that my arms can bend a bow of bronze. You have also given me the shield of Your salvation; Your right hand has held me up, Your gentleness has made me great. You enlarged my path under me, so my feet did not slip. I have pursued my enemies and overtaken them; neither did I turn back again till they were destroyed. I have wounded them, so that they could not rise; they have fallen under my feet. For You have armed me with strength for the battle; You have subdued under me those who rose up against me. You have also given me the necks of my enemies, so that I destroyed those who hated me. They cried out, but there was none to save; even to the LORD, but He did not answer them. Then I beat them as fine as the dust before the wind; I cast them out like dirt in the streets.

PSALM 18:31-42 NKJV

They overcame him by the blood of the Lamb and by the word of their testimony, and they did not love their lives to the death.

REVELATION 12:11 NKJV

Assuredly, I say to you, whatever you bind on earth will be bound in heaven, and whatever you loose on earth will be loosed in heaven. Again I say to you that if two of you agree on earth concerning anything that they ask, it will be done for them by My Father in heaven. For where two or three are gathered together in My name, I am there in the midst of them.

MATTHEW 18:18-20 NKJV

If I cast out demons by the Spirit of God, surely the kingdom of God has come upon you. Or how can one enter a strong man's house and plunder his goods, unless he first binds the strong man? And then he will plunder his house.

MATTHEW 12:28–29 NKJV

Put on the whole armor of God, that you may be able to stand against the wiles of the devil. For we do not wrestle against flesh and blood, but against principalities, against powers, against the rulers of the darkness of this age, against spiritual hosts of wickedness in the heavenly places. Therefore take up the whole armor of God, that you may be able to withstand in the evil day, and having done all, to stand. Stand therefore, having girded your waist with truth, having put on the breastplate of righteousness, and having shod your feet with the preparation of the gospel of peace; above all, taking the shield of faith with which you will be able to quench all the fiery darts of the wicked one. And take the helmet of salvation, and the sword of the Spirit, which is the word of God; praying always with all prayer and supplication in the Spirit, being watchful to this end with all perseverance and supplication for all the saints.

EPHESIANS 6:11–18 NKJV

At midnight Paul and Silas were praying and singing hymns to God, and the prisoners were listening to them. Suddenly there was a great earthquake, so that the foundations of the prison were shaken; and immediately all the doors were opened and everyone's chains were loosed.

ACTS 16:25–26 NKJV

The LORD said to him, "What is that in your hand?" He said, "A rod."

EXODUS 4:2 NKJV

Your sandals shall be iron and bronze; as your days, so shall your strength be. "There is no one like the God of Jeshurun, who rides the heavens to help you, and in His excellency on the clouds. The eternal God is your refuge, and underneath are the everlasting arms; He will thrust out the enemy from before you, and will say, 'Destroy!' Then Israel shall dwell in safety, the fountain of Jacob alone, in a land of grain and new wine; His heavens shall also drop dew. Happy are you, O Israel! Who is like you, a people saved by the LORD, the shield of your help and the sword of your majesty! Your enemies shall submit to you, and you shall tread down their high places."

DEUTERONOMY 33:25–29 NKJV

They surrounded me like bees; they were quenched like a fire of thorns; for in the name of the LORD I will destroy them. You pushed me violently, that I might fall, but the LORD helped me. The LORD is my strength and song, and He has become my salvation. The voice of rejoicing and salvation is in the tents of the righteous; the right hand of the LORD does valiantly. The right hand of the LORD is exalted; the right hand of the LORD does valiantly. I shall not die, but live, and declare the works of the LORD. The LORD has chastened me severely, but He has not given me over to death.

PSALM 118:12–18 NKJV

If we confess our sins, He is faithful and just to forgive us our sins and to cleanse us from all unrighteousness.

1 JOHN 1:9 NKJV

We have been sanctified through the offering of the body of Jesus Christ once for all.

HEBREWS 10:10

By one offering He has perfected forever those who are being sanctified.

HEBREWS 10:14 NKJV

Their sins and their lawless deeds I will remember no more.

HEBREWS 10:17 NKJV