

MEGAN SMALLEY

# *give grace*

HOW TO EMBRACE THE BEAUTY  
OF LIFE'S BROKENNESS

A PDF COMPANION TO THE AUDIOBOOK

*Give Grace*

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ISBN 978-1-4002-1758-8

ISBN 978-1-4002-1756-4 (ebook)

ISBN 978-1-4002-1761-8 (audio)

*Printed in China*

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## Stop and Reflect

What is the last fire you faced? The last time your plans got totally derailed?

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Did you feel angry at God?

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How did walking through that fire change you?

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## Stop and Reflect

If you could talk to a past version of yourself who was struggling, what would you say?

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How would you offer grace to your past self?

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What would you tell her to give her hope?

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## Stop and Reflect

Is there an identity you're holding on to that might not be serving you anymore?

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Are there feelings that you haven't dealt with regarding your circumstances?

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Do you know why you are having those feelings?

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Are you dealing with your feelings in a healthy way or having a pity party for one?

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The grace of your story

This image shows a single sheet of white paper with horizontal blue or grey ruling lines, typical of notebook paper. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

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How can you transform your negative attitude into a positive one, even during trying circumstances?

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## Stop and Reflect

What is the deepest desire of your heart?

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Have you looked at the motivations behind that desire?

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How do you see God going about granting that desire?

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## Stop and Reflect

What gifts has your grief given you?

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How have your difficult experiences given you a greater understanding of the world, of God, and of yourself?

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What wisdom have you gained, and how can you share this with others so that they can learn to heal too?

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Have you compared or are you comparing your family to someone else's family? Or have you compared or are you comparing yourself to someone else's job or talents?

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Are you allowing these comparisons to make you feel less than or diminished or not good enough?

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Is a seed of bitterness growing in your heart because of it?

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— Stop and Reflect —

Is there someone in your life who somehow always leaves you feeling jealous?

This image shows a blank sheet of white paper with horizontal blue ruling lines, similar to notebook paper. The lines are evenly spaced and extend across the width of the page. There are no margins, text, or other markings on the paper.

What do you think it is about her that draws you into the comparison trap?

[illegible]

What work can you do for yourself or your circumstances to address that issue?

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## Stop and Reflect

How do my actions reflect what I believe?

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How do I stand up to temptation?

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This image shows a blank sheet of white paper with horizontal ruling lines. The lines are evenly spaced and extend across the width of the page. There are no margins, text, or other markings on the paper.

[illegible]



Do I rise up against the darkness, or am I overcome by it?

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How do I act when no one is looking?

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## Stop and Reflect

Is there something you are desperately hoping for right now?

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Is your hope for that centered in Jesus? Or is your hope placed somewhere else?

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How can you shift that hope to center it in God?

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## Stop and Reflect

How can you choose gratitude over bitterness today?

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Is there somewhere in your life that you desperately need grace?

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How can you give that grace to yourself? How can you ask God for more of the grace you need?

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A community of grace

[illegible][illegible]

If not, can you look back on it now and see where you both could have given each other more grace?

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## Stop and Reflect

Do you have a friend like Koral?

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What makes her such a great friend?

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How can you be more like her in all of your friendships?

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## Stop and Reflect

Who could use a little more grace in your life?

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What are some gifts you can share or ways you can serve them to give them that grace?

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How can you use your gifts to serve your community more regularly?

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