

Natasha Sistrunk Robinson

Mentor for Life



Finding Purpose through Intentional Discipleship

A PDF COMPANION TO THE AUDIOBOOK

ZONDERVAN

Mentor for Life

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Join the Mission

Mentor for Life

1. How has this chapter changed your understanding of mentoring?
2. Write down any questions you have after reading the chapter and what answers you will seek as you continue reading this book.
3. What is your initial response to the claim that as a Christian, God has called you to mentor others?
4. Mentoring Challenge: Select ten of your friends and family members who are *devoted* Christians (be sure to include people from your local congregation and some from social media with diverse backgrounds) to answer these three questions:
 - a. What does it mean to be a disciple of Jesus Christ?
 - b. What does it mean to make disciples of Jesus Christ? In your observation, what does that look like?
 - c. Do you consistently make disciples? If so, how? If not, why not?
5. Summarize in four or five sentences what you have learned from this chapter.

Tweet This

"Mentoring is about intentionally investing in the priorities of God's kingdom and in the lives of others." #Mentor4Life @asistasjourney

Connect Evangelism and Discipleship

Mentor for Life

1. Prior to reading this chapter, what was your understanding of evangelism and its connection to discipleship? What were some of your approaches to evangelism, and what was your follow-up commitment to discipleship?
2. Why does it sometimes seem like there is no real difference between the lives of professing Christians and those who are lost in the world?
3. Make a list of three people God might be leading you to mentor. Begin praying for them as you continue reading this book.
4. How can the concept of mentoring help you connect your prior understanding of evangelism and the current call to make disciples?
5. Summarize in four or five sentences what you have learned from this chapter.

Tweet This

"Love for Christ and love of others is the driving force of mentoring. It births compassion in our hearts." #Mentor4Life @asistasjourney

Three

Shape Culture and the Church

Mentor for Life

1. How do you measure success in your workplace, church ministry, family, and life? How do you think God defines success in those areas? Why do you believe this is true?
2. Our American culture deceives us into thinking we do not have enough [fill in the blank]. Do you sometimes find yourself getting caught in the trap of feeling like you don't have enough? How does the reality that three billion people live on less than two U.S. dollars a day change your perspective of what you "want" versus what you "need"? How does this impact the way you approach the needs of others or the missional and ministry needs of the universal church?
3. In your current life and ministry context, how are you now making disciples of Jesus Christ?
4. As you contemplate the need for mentoring, how have the issues raised in this chapter challenged you?
5. Summarize in four or five sentences what you have learned from this chapter.

Tweet This

"Cultural redemption can be a beautiful consequence of a united church that prioritizes discipleship." #Mentor4Life @asistasjourney

Multiply the Kingdom and the Priesthood

Mentor for Life

1. How does the reality of spiritual warfare give perspective concerning the daily challenges and struggles you face as a Christian?
2. How has your awareness of being a part of God's priesthood changed the way you view yourself and your responsibilities as a follower of Christ?
3. As you prepare your heart and mind for mentoring, what tools has God given you to watch, pray, and stand against the schemes of the Evil One?
4. What are your natural inclinations and responses to "weak links" in the body of Christ? As you prepare to mentor, how can you respond with both grace and truth to those at various stages of their faith journeys?
5. Summarize in four or five sentences what you have learned from this chapter.

Tweet This

"Mentoring at its best is done out of overflow from
a grateful heart." #Mentor4Life @asistasjourney

Presence with God

Mentor for Life

1. In what ways do you tend to be distracted by the noise of life?
2. How do you intentionally pursue God's presence (intimate relationship or spending time with the Lord)?
3. As a mentor, what are some intentional ways you can encourage mentees to embrace the gifts of silence, solitude, and presence with God?
4. As a mentor, what ways can you welcome the gift of silence even in your mentoring community? Consider the differences between engaging those who are introverted and extroverted with an attitude of mutual submission, shared participation, and value in a mentoring group.
5. Presence Exercise: Use the example provided in this chapter to complete the "Letter from God" exercise. How do you believe God sees you?
6. Summarize in four or five sentences what you have learned from this chapter.

Tweet This

Presence: "All God is asking from any of us is that we show up to meet with him." #Mentor4Life @asistasjourney

Presence with Others

Mentor for Life

1. Do you have a teachable spirit? How well do you respond to correction, constructive criticism, or a gentle rebuke? How might you cultivate a teachable spirit? Can you think of someone who would be willing to help you?
2. What comes to mind when you think about God?
3. What might God be asking you to give up, sacrifice, or surrender to actively participate in a mentoring community with others?
4. Are you afraid to mentor? How might you overcome your uncertainties and fears and take the risk of mentoring others?
5. Presence Exercise: Set a lunch or coffee date with a small group (three or four) of trusted friends. Inform them of your desire to have a focused conversation about your responses to the questions in this chapter. Ask them to carefully consider your concerns and offer helpful feedback.
6. Summarize in four or five sentences what you have learned from this chapter.

Tweet This

"God's presence is not something that we only pursue in isolation; it also requires community."

#Mentor4Life @asistasjourney

Discipleship of the Mind

Mentor for Life

1. Prior to reading this chapter, what were your initial thoughts concerning theology? How has this chapter challenged the way you think about theology?
2. Is reading the Bible part of your daily routine? Now that you understand the benefits of Bible engagement, how can you practically make this discipline a priority in your life?
3. Get your mind right: What three resources might you consider to challenge you and your mentees concerning the mentoring pillars: *knowing and loving God, knowing your identity in Christ, and loving your neighbor*?
4. Are you aware of any injustices or needs in your local community? Prayerfully consider one issue your mentoring group might focus on addressing together during your mentoring season. Ask: What are the issues? What community issue(s) is your church addressing? What workers, community servants, and nonprofit organizations are addressing the issues?

5. Discipline Exercise: Write a one-page theological statement (with supporting Scripture references) communicating what it means to live as a follower of Christ. Consider how this document can be a tool to educate and encourage your mentees concerning right thinking and right actions.
6. Summarize in four or five sentences what you have learned from this chapter.

Tweet This

Discipleship of the Mind: "Transformation begins in the mind. Right thinking produces right actions." #Mentor4Life @asistasjourney

Discipleship of the Soul

Mentor for Life

1. Before reading this chapter, what were some of your opinions concerning the spiritual disciplines of prayer, fasting, journaling, and retreat? Do you regularly practice any of these disciplines? If so, how have the disciplines contributed to transformation in your life? If not, what has hindered your ability to embrace a spiritual discipline? Explain how your opinion has changed concerning any of these disciplines.
2. In what ways might God be inviting you to experience more of his grace and mercy?
3. How is God calling you, as a mentor, to respond as a result of reading this chapter? Given your ministry context and relationships, what spiritual disciplines might you study and practice in the future?
4. What spiritual disciplines might you practice with your mentoring group? Why do you believe these disciplines will be beneficial to you and your mentees?

5. Discipline Exercise: As a journaling experience, contemplate answers to the following questions: What controls you? What controls your moods or makes you angry? "Why do you like certain people and dislike others?" Where do you invest the majority of your time? How do you spend the money God has provided for you? What do these things teach you about yourself?
6. Summarize in four or five sentences what you have learned from this chapter.

Tweet This

"Spiritual disciplines invite us into the Lord's presence to embrace our true selves so we can live authentically and love others well." #Mentor4Life @asistasjourney

Mission Accomplishment

Mentor for Life

1. What kingdom work has God specifically called you to?
Can you articulate the nature of that work? Write it down.
2. Have you ever thought about your faith as training? How
has this chapter shaped the way you persevere on your
faith journey?
3. How might you discipline yourself regarding the steward-
ship of work and time? What things might you need to stop
doing? What training, preparation, or new experiences
might you embrace?
4. As a mentor, what language will you use to communicate
God's grace and kingdom mission to mentees? How can
this understanding challenge the priorities of your life
and theirs?

5. Mission Exercise: Read 1 Corinthians 12. Given the metaphor of the body of Christ, what “body part” do you represent? Write down how your role relates to that of other “parts” of the body. What people has God connected you with to complete his kingdom work? How do your passions, skills, and convictions work together to fulfill God’s kingdom mission?
6. Summarize in four or five sentences what you have learned from this chapter.

Tweet This

“Christians who love Jesus and have made him Lord over their lives live on purpose for God’s kingdom.” #Mentor4Life @asistasjourney

Rally the Troops

Mentor for Life

1. How sensitive are you to the felt needs of others? Do people consider you a compassionate person? How do you know?
2. What are some of your felt needs? What characteristics do you look for in a friend? What are your expectations of a mentoring community? Are they realistic? Why or why not?
3. How can you create a healthy, mission-focused mentoring environment that is considerate of the felt needs of others?
4. As a mentor, how can you train yourself to ask questions that encourage self-reflection and growth? What are some tools and resources available to you?
5. Mission Exercise: The number one excuse I get for not mentoring or making disciples is, "I don't have time." Do you have time to mentor? One week has a total of 168 hours. Over the next seven days, document every hour of your activity. At the end of the week, evaluate how your time was spent. Is this a normal weekly cycle or just an "off" week? Are you surprised by anything you see? Do you desire to make any changes? Take time to discuss this exercise and its findings with a trusted friend.

6. Summarize in four or five sentences what you have learned from this chapter.

Tweet This

"God has chosen to use people to accomplish his great work, so people are mission critical." #Mentor4Life @asistasjourney

Be Your Sister's or Brother's Keeper

Mentor for Life

1. What does it practically look like for you to live an others-focused life?
2. Do you know someone right now who needs the reminder that God has not forgotten them and they are not alone in this world? What special way can you reach out to that person this week?
3. At times, the responsibility of mentoring can feel heavy. What are some ways you can rejuvenate or encourage yourself when mentoring seems too hard?
4. How can understanding the needs of others, God's mission, and even your own wants and desires (good or bad) better equip you to mentor authentically in a safe community?

5. Community Exercise: Consider hosting a dinner party this month for four women you know but have never invited to dinner. Pray for these women as you prepare to serve them. Make the evening an informal and relational time. Plan for an intentional time of eating and focused table talk.
6. Summarize in four or five sentences what you have learned from this chapter.

Tweet This

"Mentors walk through life's messes so their mentees don't feel alone and abandoned by God or their community." #Mentor4Life @asistasjourney

This Makes a Family

Mentor for Life

1. How do you know when you are loving or being loved well?
2. What prevents you from trusting others?
3. To mentor effectively, you must confront and answer the question: Am I a trustworthy person? Have you developed habits of gossiping, judging, inappropriately sharing information, or criticizing others? Ask some of your closest friends to share their honest perceptions concerning your trustworthiness.
4. To mentor effectively, you must also confront and answer the question: Am I a safe person? Do you have a habit of hurting other people? Have you maintained healthy, long-term relationships in your adult life? Are you helpful? How do you respond when others are rejoicing or mourning? Again, take some time to reflect on your own relationship and patterns to determine if any unhealthy habits need addressing before leading a mentoring relationship.

5. Community Exercise: Make a list of the safe and trustworthy people in your life. Sit down and write each of them a thank-you card this month, specifically communicating the ways they have modeled safety and trust in your life and how those actions have shaped your understanding of being part of God's family.
6. Summarize in four or five sentences what you have learned from this chapter.

Tweet This

On Community: "Safe communities consist of trustworthy people and people who are willing to trust others." #Mentor4Life @asistasjourney

Embrace Unity in Diversity

Mentor for Life

1. How have your upbringing, culture, and life experiences shaped the way you view people who are from a different racial, ethnic, and/or socioeconomic background?
2. Be particularly observant as you go about your daily routine this week. Pay special attention to the traffic in your local grocery or convenience store, coffee shop, or school environment. Do you live in a diverse community? Does your local church reflect the diversity of your local community? Why or why not?
3. Revisit your potential mentoring group list from chapter 2. Is the value of unity in diversity reflected on your list? How can you intentionally invite a diverse group of women to form mentoring relationships? How might you prayerfully add to or modify this list?
4. As a mentor, how can you encourage others to embrace the value of unity in diversity and cultivate that value within your local congregation and mentoring ministry?

5. Relationship Exercise: Take the cell phone test. Review every contact in your cell phone, and make a list of your closest friends. Pay special attention to the people you interact with on a weekly and monthly basis. How many people are of a different age group, social or economic class, racial or ethnic background from you? How many have different life experiences from you? What does this exercise reveal about your value of diversity or commitment to unity?
6. Summarize in four or five sentences what you have learned from this chapter.

Tweet This

"Mentoring a diverse group of women forces us to keep God big and our own personal agendas small." #Mentor4Life @asistasjourney

Embrace All Women

Mentor for Life

1. In what ways are you connected to women across various generations? Can you think of a woman from each generation with whom you connect regularly? List their names, noting what drew you to them and what sustains your relationship.
2. What conclusions have you drawn about the responsibilities and choices of women? How has this chapter challenged your views?
3. How can you prepare to effectively mentor women who have made life choices different from yours? How is it helpful to embrace the understanding that mentoring will be a mutually beneficial relationship?
4. Remember: Can you articulate specific ways your life experiences and relationships have shaped you? How do these experiences equip you to mentor a diverse group of women?

5. Relationship Exercise: Watch a documentary that directly confronts injustices against women in the world. Journal about what you learned from the exercise. Identify the beliefs that undergird the injustice. How does God's Word speak life and hope into these situations? How does this experience better shape your understanding of what women are up against, and how does this exposure help you embrace all of God's women?
6. Summarize in four or five sentences what you have learned from this chapter.

Tweet This

"Mentoring can be the catalyst God uses to deepen our relational commitment to other women and to his church." #Mentor4Life @asistasjourney

Obedience and Sacrifice

Mentor for Life

1. In what areas of life might God be calling you to discipline yourself or sacrificially lay down your life for the sake of another person?
2. What do we learn from Jesus' teaching and character from the featured texts in the gospel of John?
3. How does Jesus' teaching in the featured verses of John 15 help prepare your heart to mentor?
4. How will you be intentional about speaking the truth in love and sharing a positive vision for mentees to understand God's best for his children?
5. Love Exercise: Are there areas in your life where your actions do not reflect a true love of God? Name them. Turn this list into a prayer. Find a safe person to share this with, and ask them to assist you in surrendering these areas to God.
6. Summarize in four or five sentences what you have learned from this chapter.

Tweet This

"Our love not only calls us to obedience, it also calls us to submission." #Mentor4Life @asistasjourney

Spiritual Gifts and Christian Character

Mentor for Life

1. Are you aware of your spiritual gifts? Consider: What are you passionate about? What are you good at?
2. Ask four or five friends from different seasons of your life, "What are the characteristics you see in me?" What do their responses reveal about your giftedness, calling, and contributions?
3. What questions do you still have about mentoring as intentional discipleship? What more do you need to get started?
4. How do the answers to the previous questions help you better understand your calling, kingdom contributions, or life's purpose? All things considered, what is the best way you can live your life on purpose and mentor to the glory of God?

5. Love Exercise: Write a personal testimony about a time in your life when you were assured of God's love for you. Where were you? How did you know for sure what you were sensing? What did the experience feel like? Who was there? What was your response?
6. Summarize in four or five sentences what you have learned from this chapter.

Tweet This

"ALL Christians are called to the important kingdom work of making disciples." #Mentor4Life @asistasjourney

Appendix A

Richard Foster on the Inward Discipline of Study

Note: All content is from the *Celebration of Discipline: The Path to Spiritual Growth*.

The purpose of the Spiritual Disciplines is the total transformation of the person. They aim at replacing old destructive habits of thought with new life-giving habits. Nowhere is this purpose more clearly seen than in the discipline of study.

Richard Foster

The Problems Christians Face

- Bondage to fear and anxiety
- Confusion in the spiritual walk
- Ignorance of the truth
- False teaching

“You will know the truth, and the truth will set you free.”
John 8:32

The Solution

The Inward Discipline of Study

What is study? “Study is the specific kind of experience in which through careful attention to reality the mind is enabled to move in a certain direction.”

The Four Steps of Study

1. Repetition: “Regularly channels the mind in a specific direction, thus ingrain[ing] habits of thought.”
2. Concentration: “Centers the mind and focuses attention on what is being studied.”
3. Comprehension: “Understanding what we are studying” and “Focus on the knowledge of the truth.”
4. Reflection: “Defines the significance of what we are studying . . . brings us to see things from God’s perspective. In reflection we come to understand not only our subject matter, but ourselves.”

Scripture Meditation

Do you not conform any longer to the pattern of this world, but be transformed by the renewing of your mind. Then you will be able to test and approve what God’s will is—his good, pleasing and perfect will. (Rom. 12:2)

What the Discipline of Study Requires of the Learner

- Humility: “Study simply cannot happen until we are willing to be subject to the subject matter. We must submit to the system. We must come as student, not teacher. . . . Arrogance and a teachable spirit are mutually exclusive.”
- Learn to ask questions.

The Study of Books

For the Mentor: **“To convince people that they must learn to study is the major obstacle. Most people assume that because they know how to read words they know how to study.”**

Three Rules Govern Our Study of Books

- First Reading: *Understanding* the Book: What is the author saying?
- Second Reading: *Interpreting* the Book: What does the author mean?
- Third Reading: *Evaluating* the Book: Is the author right or wrong?

“Most of us tend to do the third reading right away and often never do the first and second reading at all. We give a critical analysis of the book before we understand what it says. We judge a book to be right or wrong before we interpret its meaning. The wise writer of Ecclesiastes says that there is a time for every matter under heaven, and the time for critical analysis of a book comes *after* careful understanding and interpretation.”

The mentoring framework, mentoring resources, and how to carefully understand and interpret a book:

“To read successfully we need the extrinsic aids of *experience, other books, and live discussion.*”

“Experience is the only way we can interpret and relate to what we read.”

“Other books can include dictionaries, commentaries, and other interpretative literature, but great books that precede or advance the issue being studied are more significant. Books often have meaning only when they are read in relation to other writings. . . . Great writings that take up the central issues of life interact with one another. They cannot be read in isolation.”

Study of the Bible

“In the study of Scripture a high priority is placed upon interpretation: what it means. In the devotional reading of Scripture a high priority is placed upon application: what it means for me. All too often people rush to the application stage and bypass the interpretation

stage: they want to know what it means for them before they know what it means!”

Quick Reference: Natasha’s Study, “What’s in a Bible?” <http://asistasjourney.com/2010/10/19/natashas-study-whats-in-a-bible/>

Recommended Resources for Bible Study:

How to Read the Bible Book by Book by Gordon D. Fee and
Douglas Stuart

How to Read the Bible for All Its Worth by Gordon D. Fee and
Douglas Stuart

How to Choose a Translation for All Its Worth by Gordon D. Fee
and Mark L. Strauss

The Drama of Scripture: Finding Our Place in the Biblical Story by
Craig G. Bartholomew and Michael W. Goheen

Study of Self

“One of the principal objects of our study should be ourselves. We should learn the things that control us . . . *What controls our moods? Why do we like certain people and dislike others? What do these things teach us about ourselves.*”

“Let’s learn to ask questions . . . Why do we find it difficult in our culture to have time to develop relationships? Is Western individualism beneficial or destructive? What in our culture is in harmony with the gospel and what is at odds with it? One of the most important functions of Christian prophets in our day is the ability to perceive the consequences of various forces in our culture and to make value judgments upon them.”

Mentee: _____

[illegible]

Appendix C

Quick Reference Guide for Joining a Mentoring Group/Ministry

Q: What is mentoring?

A: Mentoring is a trusted partnership through which one or several persons share wisdom, which fosters spiritual growth that leads to transformed lives of both mentor and mentee(s), as each grows in their love of Jesus Christ, knowledge of self, and love of their neighbors. Entering a mentoring relationship requires mutual commitment of both the mentor and mentee.

Q: What is the purpose of the Mentoring Group/Ministry?

A: The mentoring ministry is an intentional discipleship ministry where women can grow in their Christian faith and personal relationship with God, while building trusted relationships with other like-minded women and learning to love their neighbors as Christ loves them.

PURPOSE: to disciple women as believers of Christ. “The purpose of mentoring is to transform lives and bring the master’s business into focus” (Rom. 8:28–29 and John 15:13–15). The master’s kingdom agenda or mission is to build a family of worshippers for himself.

VISION: To mentor women to grow in truth and to discover their life’s purpose

MISSION: To teach and train women to *know and love God, know who they are in Christ, and love their neighbors.*

Q: What are the obligations for participating in the ministry?

A: The focus of the ministry is to live out our Christian faith in intimate community with other women. We are mentoring with the intention of knowing God and growing in our love for him, knowing ourselves (who God created us to be and why), and loving others. The result of the ministry is to produce godly women who are focused on cultivating an intimate relationship with God, understand his love for them, and willingly share his love with others.

Effective mentoring is a process that takes time. Women who desire to participate in the ministry agree to the ten-month commitment (gathering once per month) by completing an information form once given the opportunity. Mentees are required to attend all mentoring gatherings and to show up on time. Additionally, there is a small ministry registration fee to cover ministry book resources. Monthly group gatherings will typically last no more than three hours. Participants must commit to preparing for their monthly mentoring group gatherings and cultivating relationships with each other.

Q: What can interested women expect?

A: Participants can expect to be discipled in a safe community of women who love the Lord and commit to a trusting relationship of loving each other well. The call to discipleship is a call to follow Jesus wholeheartedly; it is a call that challenges and transforms. Participants will be taught and trained in the spiritual disciplines and equipped to work for God's kingdom purposes.

Appendix D

Affirmations for Mentoring Groups

1. Actively participate in mentoring group discussions.
2. Focus. Stick to the topic being discussed.
3. Exercise sensitivity to other members of the group. Questions are posed for personal and theological reflection. Listen well. Affirm your sisters whenever possible. Encourage the more hesitant participants.
4. Pray for each other, and pray that you will have an enjoyable and profitable time together.
5. Be cautious about giving opinions and feeling you always need to respond. Do offer wisdom and biblical instruction that is supported by Scripture.
6. Feel free to share your personal experiences. Talk about yourself and your own situation, not the situations of others, which could lead to gossip.
7. Be open. Expect God to teach you through the Scriptures being discussed and through other members of the group.
8. Maintain confidentiality. Anything said in the group is not to be discussed outside the group unless there is an emergency, cause for concern for someone's physical safety, or specific permission is given to do so.

Appendix E

Weekly Time Management Tracker

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
AM Hours							
5:00–5:30							
5:30–6:00							
6:00–6:30							
6:30–7:00							
7:00–7:30							
7:30–8:00							
8:00–8:30							
8:30–9:00							
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10:30–11:00							
11:00–11:30							
11:30–12:00							
PM Hours							
12:00–12:30							

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8:30–9:00							
9:00–9:30							
9:30–10:00							
10:00–10:30							
10:30–11:00							
11:00–11:30							
11:30–12:00 midnight							

End-of-Week Evaluation:

1. How many hours were devoted to sleep (per night)?
2. How many hours were devoted to study?
3. How many hours were devoted to exercise?
4. How many hours were devoted to leisure?
5. How many hours were devoted to cultivating healthy relationships with family and friends?
6. How many hours were devoted to work?
7. How many hours were devoted to volunteer work or service commitments?

Personal Reflection:

1. How are you being a good steward of the time God has given you?
2. Do you need to make adjustments? If so, where and how?
Who will hold you accountable to these changes?

Share these results, evaluations, and reflections with trusted friends.

Appendix F

Sample Mentoring Information Sign-up Form

Name _____

Mailing Address _____

City _____ State _____ Zip Code _____

Email Address _____

Primary Phone _____ Secondary Phone _____

Age: __ 18-21 __ 22-30 __ 31-40 __ 41-50 __ 51-60 __ 61-above

Single ____ Married ____ Widowed ____

Children? ____ Yes ____ No # of Children: ____

Ages of Children: _____

____ Employed Full/Part-time

Where: _____

____ Volunteer

Where: _____

____ Retired

From where: _____

____ Student

Where: _____

Are you a Christian? __ Yes __ No __ Not sure

If yes, how long? _____

Are you a member of a church? __ Yes __ No

Where? _____

Are you serving in a ministry? __ Yes __ No

What is the capacity of your service and where:

Are you willing to commit to the mentoring ministry?

☐ Yes ☐ Undecided

What are your expectations of the mentoring ministry?

What other information would you like to share with our leadership team? _____

Note: All information provided on this form will be used for the sole purpose of group placement. Information will not be shared without permission.

Mentoring groups will meet once a month at the following times. Group gathering dates will be confirmed by the entire group during the first mentoring session.

Please prioritize your top 3 meeting time preferences below with #1 being your first option.

	Day/Time/Location
	Monday, 6:00–9:00 PM, Georgetown 10285
	Monday, 6:15–9:15 PM, New Haven 10264
	Monday, 6:30–9:30 PM, Greenville 10418
	Tuesday, 6:00–9:00 PM, Georgetown 10286
	Tuesday, 6:00–9:00 PM, Goldenfield 10359
	Tuesday, 6:00–9:00 PM, Greenville 10418
	Wednesday, 9:30 AM–12:30 PM, Greenville 10453
	Thursday, 6:00–9:00 PM, Greenville 10453
	Thursday, 6:30–9:30 PM, Greenville 10418
	Saturday, 9:00 AM–12 PM, Greenville 10418

Additional Resources for Further Reading

Go deeper in studying the mentoring principles presented in this book by considering this topical and alphabetical list. This is not an exhaustive list. It includes resources that have personally benefited my faith and mentoring journey.

Evangelism

- Coleman, Robert E. *The Master Plan of Evangelism*, 2nd Ed. Grand Rapids, MI: Revell, 2010.
- Rah, Soong-Chan. *The Next Evangelicalism: Freeing the Church from Western Cultural Captivity*. Downers Grove, IL: InterVarsity, 2009.
- McNeil, Brenda Salter. *A Credible Witness: Reflections on Power, Evangelism and Race*. Downers Grove, IL: InterVarsity, 2008.

Bible Reading and Study

- Bartholomew, Craig G., and Michael W. Goheen. *The Drama of Scripture: Finding Our Place in the Biblical Story*. Grand Rapids, MI: Baker Academic, 2004.
- Fee, Gordon D. and Douglas Stuart. *How to Read the Bible Book by Book*. Grand Rapids, MI: Zondervan, 2002.
- Fee, Gordon D. and Douglas Stuart. *How to Read the Bible for All It's Worth*, 3rd Ed. Grand Rapids, MI: Zondervan, 2003.
- Roberts, Vaughan. *God's Big Picture: Tracing the Storyline of the Bible*. Downers Grove, IL: InterVarsity, 2002.

Discipleship of the Soul

- Hagberg, Janet O., and Robert A. Guelich. *The Critical Journey: Stages in the Life of Faith*, 2nd Ed. Salem, WI: Sheffield, 2005.

Macchia, Stephen A. *Crafting a Rule of Life: An Invitation to the Well-Ordered Way*. Downers Grove, IL: InterVarsity, 2012.

Scazzero, Peter. *Emotionally Healthy Spirituality: Unleash a Revolution in Your Life in Christ*. Nashville: Thomas Nelson, 2006.

Fastings

Evans, Tony. *Tony Evans Speaks Out on Fasting*. Chicago: Moody, 2000.

McKnight, Scot. *Fasting*. Nashville: Thomas Nelson, 2009.

Piper, John. *A Hunger for God: Desiring God through Fasting and Prayer*. Wheaton, IL: Crossway, 1997.

Journaling

Cepero, Helen. *Journaling as a Spiritual Practice: Encountering God through Attentive Writing*. Downers Grove, IL: InterVarsity, 2008.

Kent, Keri Wyatt. *Deeply Loved: 40 Ways in 40 Days to Experience the Heart of Jesus*. Nashville: Abington, 2012.

Relationship Building in the Church

Cloud, Henry, and John Townsend. *Safe People: How to Find Relationships That Are Good for You and Avoid Those That Aren't*. Grand Rapids, MI: Zondervan, 1995.

Labberton, Mark. *The Dangerous Act of Loving Your Neighbor: Seeing Others through the Eyes of Jesus*. Downers Grove, IL: InterVarsity, 2010.

Sande, Ken. *The Peacemaker: A Biblical Guide to Resolving Personal Conflict*. Grand Rapids, MI: Baker, 2004.

Wicks, Robert J. *Touching the Holy: Ordinariness, Self-Esteem, and Friendship*. Notre Dame, IN: Sorin, 2007.

Spiritual Disciplines and Spiritual Formation

Foster, Richard J. *Celebration of Discipline: The Path to Spiritual Growth*. San Francisco: HarperOne, 1998.

Nouwen, Henri J.M. *In the Name of Jesus: Reflection on Christian Leadership*. New York: Crossroad, 1989.

Spiritual Gifts

McQuilkin, Robertson. *Life in the Spirit*. Nashville: Lifeway, 2003.

Solitude, Silence, and Prayer

Barton, Ruth Haley. *Invitation to Solitude and Silence: Experiencing God's Transforming Presence*. Downers Grove, IL: InterVarsity, 2004.

Nouwen, Henri, *The Way of the Heart: The Spirituality of the Desert Fathers and Mothers*. San Francisco: HarperOne, 1981.

Theological Reflection and Discipleship of the Mind

Adler, Mortimer J. and Charles Van Doren. *How to Read a Book: The Classic Guide to Intelligent Reading*. New York: Simon and Schuster, 1972.

Barna, George. *Think Like Jesus: Make the Right Decision Every Time*. Nashville: Integrity, 2003.

Demarest, Bruce, and Keith J. Matthews, eds. *Dictionary of Everyday Theology and Culture*. Colorado Springs: NavPress, 2010.

House, H. Wayne. *Charts of Christian Theology and Doctrine*. Grand Rapids, MI: Zondervan, 1992.

Sire, James W. *Discipleship of the Mind: Learning to Love God in the Ways We Think*. Downers Grove, IL: InterVarsity, 1990.

Stone, Howard W., and James O. Duke. *How to Think Theologically*, 3rd Ed. Minneapolis: Fortress, 2013.

Unity in Diversity

Cleveland, Christena. *Disunity in Christ: Uncovering the Hidden Forces That Keep Us Apart*. Downers Grove, IL: InterVarsity, 2013.

Newbell, Trillia J. *United: Captured by God's Vision for Diversity*. Chicago: Moody, 2014.

Mentoring Resources

Here are resources that address the three pillars of the mentoring framework: *knowing and loving God, knowing your identity in Christ, and loving your neighbor*. Again, this is not an exhaustive list. It includes resources I have personally read or used for ministry.

Knowing and Loving God

Found in Him: The Joy of the Incarnation and Our Union with Christ by Elyse M. Fitzpatrick

Generous Justice: How God's Grace Makes Us Just by Timothy Keller
God as He Longs for You to See Him by Chip Ingram

The Pursuit of God by A. W. Tozer

Think Like Jesus: Make the Right Decision Every Time by George Barna

Knowing Who You Are in Christ

Brave Enough: Getting Over Our Fears, Flaws, and Failures to Live BOLD and FREE by Nicole Unice

Called: The Crisis and Promise of Following Jesus Today by Mark Labberton

Emotionally Healthy Spirituality: Unleash a Revolution in Your Life in Christ by Peter Scazzero

In the Name of Jesus: Reflections on Christian Leadership by Henri J. M. Nouwen

Lord, I Need Grace to Make It Today by Kay Arthur

Reclaiming Eve: The Identity and Calling of Women in the Kingdom of God by Suzanne Burden, Carla Sunberg, and Jamie Wright

Teach Us to Want: Longing, Ambition, and the Life of Faith by Jen Polluck Michel

The Critical Journey: Stages in the Life of Faith by Janet O. Hagberg and Robert A. Guelich

The Good and Beautiful Life: Putting on the Character of Christ by James Bryan Smith

Think Like Jesus: Make the Right Decision Every Time by George Barna

Touching the Holy: Ordinairiness, Self-Esteem, and Friendship by Robert J. Wicks

What Women Tell Me: Finding Freedom from the Secrets We Keep by Anita
Lustrea

When Life and Beliefs Collide: How Knowing God Makes a Difference by
Carolyn Custis James

Loving Your Neighbor

A Credible Witness: Reflections on Power, Evangelism, and Race by Brenda
Salter McNeil

Divided by Faith: Evangelical Religion and the Problem of Race in America by
Michael O. Emerson and Christian Smith

Half the Church: Recapturing God's Global Vision for Women by Carolyn Custis
James

Radical: Taking Back Your Faith from the American Dream by David Platt

She Did What She Could: Five Words of Jesus That Will Change Your Life by
Elisa Morgan

The Christian Way of Living: An Ethics of the Ten Commandments by Kalus
Bockmuehl

*The Dangerous Act of Loving Your Neighbor: Seeing Others through the Eyes of
Jesus* by Mark Labberton

*The Just Church: Becoming a Risk-taking, Justice-seeking, Disciple-making
Congregation* by Jim Martin

The Master Plan of Evangelism by Robert E. Coleman

The Next Evangelicalism: Freeing the Church from Western Cultural Captivity by
Soong-Chan Rah