



COUNSEL

for

COUPLES

A Biblical
and Practical Guide *for*
Marriage
Counseling

JONATHAN D. HOLMES

Foreword by **ALISTAIR BEGG**

A PDF COMPANION TO THE AUDIOBOOK

ZONDERVAN

Counsel for Couples

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Chapter 1

GETTING THE LAY OF THE LAND

RESOURCES

Jay E. Adams, *Competent to Counsel: Introduction to Nouthetic Counseling*

———, *Solving Marriage Problems: Biblical Solutions for Christian Counselors*

Richard Baxter, *The Reformed Pastor*

Robert W. Kelleman, *Gospel-Centered Counseling: How Christ Changes Lives*

———, *Gospel Conversations: How to Care Like Christ*

Robert W. Kelleman and Kevin Carson, ed., *Biblical Counseling and the Church: God's Care through God's People*

Heath Lambert, *A Theology of Biblical Counseling: The Doctrinal Foundations of Counseling Ministry*

Jeremy Lelek, *Biblical Counseling Basics: Roots, Beliefs and Future*

Jeremy Pierre and Deepak Reju, *The Pastor and Counseling: The Basics of Shepherding Members in Need*

David Powlison, "The Pastor as Counselor," *Journal of Biblical Counseling*, 26, no. 1 (2012): 23–39

———, *Speaking Truth in Love: Counsel in Community*

———, *Seeing with New Eyes: Counseling and the Human Condition Through the Lens of Scripture*

Paul David Tripp, *Instruments in the Redeemer's Hands: People in Need of Change Helping People in Need of Change*

Edward T. Welch, *Side by Side: Walking with Others in Wisdom and Love*

Chapter 2

GETTING TO THE HEART OF THE ISSUE

RESOURCES

Augustine, *Confessions*

Matthew Lee Anderson, *Earthen Vessels: Why Our Bodies Matter to Our Faith*

G. K. Beale, *We Become What We Worship: A Biblical Theology of Idolatry*

Michael R. Emlet, “Understanding the Influences on the Human Heart,” *Journal of Biblical Counseling* 20, no. 2 (2002): 47–52

Elyse M. Fitzpatrick, *Idols of the Heart: Learning to Long for God Alone*

Robert W. Kelleman and Sam Williams, *Christ-Centered Biblical Counseling: How Christ Changes Lives* (ch. 7)

Heath Lambert, *A Theology of Biblical Counseling: The Doctrinal Foundations for Counseling Ministry* (ch. 7)

Jeremy Pierre, *The Dynamic Heart in Daily Life: Connecting Christ to Human Experience*

Robert L. Saucy, *Minding the Heart: The Way of Spiritual Transformation*

James K.A. Smith, *You Are What You Love: The Spiritual Power of Habit*

Edward T. Welch, *The Counselor’s Guide to the Brain and Its Disorders: Knowing the Difference Between Disease and Sin* (more recently published as *Blame It on the Brain? Distinguishing Chemical Imbalances, Brain Disorders, and Disobedience*)

Chapter 3

STARTING, ENDING, AND REFERRING

RESOURCES

Jay E. Adams, *Critical Stages of Biblical Counseling: Finishing Well, Breaking Through, Getting Started*

Michael R. Emlet, “When Pastors Should Refer,” 2015 CCEF National Conference, <https://www.ccef.org/shop/product/when-pastors-should-refer-micro-session>

Jeremy Pierre and Deepak Reju, *The Pastor and Counseling: The Basics of Shepherding Members in Need* (chs. 5, 6, and 8)

Winston Smith, “When NOT to DO Marriage Counseling,” *Journal of Biblical Counseling* 27, no. 1 (2013): 72–76.

David Powlison, *Speaking Truth in Love: Counsel in Community* (ch. 15)

Chapter 4

TO FORGIVE OR NOT TO FORGIVE

Vertical Forgiveness	Horizontal Forgiveness
Unconditional	Conditional
Mark 11:25; Luke 23:34; Acts 7:60	Luke 17:3–4
Between you and God	Between you and your spouse

RESOURCES

Jay E. Adams, *From Forgiven to Forgiving: Learning to Forgive One Another God's Way*

Ruth Ann Batstone, *Moving On: Beyond Forgive and Forget*

Steve Cornell, "How to Move from Forgiveness to Reconciliation," <https://www.the-gospelcoalition.org/article/how-to-move-from-forgiveness-to-reconciliation>

Nancy Leigh DeMoss, *Choosing Forgiveness: Your Journey to Freedom*

Dave Harvey, *When Sinners Say "I Do": Discovering the Power of the Gospel for Marriage* (ch. 6)

Ken Sande, *Peacemaking for Families: A Biblical Guide to Managing Conflict In Your Home*

Robert D. Jones, *Pursuing Peace: A Christian Guide to Handling Our Conflict* (chs. 8–9)

Timothy Keller, *Serving Each Other Through Forgiveness and Reconciliation*

Timothy S. Lane, *Forgiving Others: Joining Wisdom and Love*

Winston T. Smith, *Marriage Matters: Extraordinary Change through Ordinary Moments* (chs. 12–13)

Aaron Sironi, "From Your Heart . . . Forgive," *Journal of Biblical Counseling* 26, no. 3 (2012): 46–61.

Ryan Troglin, "Must We Forgive Those Who Sin Against Us If They Don't Repent?" <https://www.thegospelcoalition.org/article/must-we-forgive-those-who-sin-against-us-if-they-dont-repent>

Walter Wangerin Jr., *As for Me & My House: Crafting Your Marriage to Last* (chs. 4–8)

Chapter 5

ALL YOU NEED IS LOVE

RESOURCES

Alexander Strauch, *Leading with Love*

Paul David Tripp, *What Did You Expect? Redeeming the Realities of Marriage* (chs. 11–12)

Timothy and Kathy Keller, *The Meaning of Marriage: Facing the Complexities of Commitment with the Wisdom of God*

Tim Savage, *No Ordinary Marriage: Together for God's Glory* (ch. 3)

Joel R. Beeke, *Friends and Lovers: Cultivating Companionship and Intimacy in Marriage*

Chapter 6

STRUCTURING YOUR INITIAL SESSIONS

RESOURCES

Jay E. Adams, *Competent to Counsel: Introduction to Nouthetic Counseling*

Richard Baxter, *The Reformed Pastor*

Heath Lambert, *A Theology of Biblical Counseling: The Doctrinal Foundations of Counseling Ministry*

Jeremy Pierre and Deepak Reju, *The Pastor and Counseling: The Basics of Shepherding Members in Need*

Jeremy Lelek, *Biblical Counseling Basics: Roots, Beliefs, and Future*

David Powlison, “The Pastor as Counselor,” *Journal of Biblical Counseling* 26, no. 1 (2012): 23–39

———, *Speaking Truth in Love: Counsel in Community*

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Paul David Tripp, *Instruments in the Redeemer’s Hands: People in Need of Change Helping People in Need of Change*

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Bob Kelleman and Kevin Carson, ed., *Biblical Counseling and the Church: God’s Care through God’s People*

Edward T. Welch, *Side by Side: Walking with Others in Wisdom and Love*

———, *Caring for One Another: 8 Ways to Cultivate Meaningful Relationships*

Lauren Whitman, “What Does a Good First Session Look Like?,” *Journal of Biblical Counseling* 28, no. 1 (2014): 53–63

Chapter 7

MY SPOUSE CHEATED ON ME!

RESOURCES

*Dave Carder, *Torn Asunder: Recovering from an Extramarital Affair*

*———, *Close Calls: What Adulterers Want You to Know About Protecting Your Marriage*

Julie Ganschow, *Living Beyond the Heart of Betrayal: Biblically Addressing the Pain of Sexual Sin*

Brad Hambrick, “True Betrayal,” <http://bradhambrick.com/truebetrayal/>

Robert Jones, *Restoring Your Broken Marriage: Healing After Adultery*

*Stephen M. Judah, *Staying Together: When an Affair Pulls You Apart*

Jim Newheiser, *Marriage, Divorce, and Remarriage: Critical Questions and Answers*

Mike Summers, *Help! My Spouse Has Been Unfaithful*

Russell Moore, “Does He Need to Confess Adultery to His Wife?” <https://www.thegospelcoalition.org/article/does-he-need-to-confess-adultery-to-his-wife>

*Frank Pittman, *Private Lies: Infidelity and the Betrayal of Intimacy*

Cheryl and Jeff Scruggs, *I Do Again: How We Found A Second Chance at Our Marriage—and You Can Too!*

Gary and Mona Shriver, *Unfaithful: Hope and Healing After Infidelity*

Winston T. Smith, *Help! My Spouse Has Committed Adultery: First Steps for Dealing with Betrayal*

Leslie Vernick, “After the Affair” <https://christiancounseling.com/blog/uncategorized/after-the-affair-ten-steps-of-healing/>

*These resources are not written from a biblical counseling perspective.

Chapter 8

I CAUGHT MY HUSBAND LOOKING AT PORN

RESOURCES

Andrew A. Boa, *Redeeming Sexuality: 12 Sessions for Healing and Transformation in Community*

Ellen Dykas, ed., *Sexual Sanity for Women: Healing from Sexual and Relational Brokenness*

Jen and Craig Ferguson, *Pure Eyes, Clean Heart: A Couple's Journey to Freedom from Pornography*

Julie Ganschow, *Living Beyond the Heart of Betrayal: Biblically Addressing the Pain of Sexual Sin*

J. Alasdair Groves, "Exposing the Lies of Pornography and Counseling the Men Who Believe Them" *Journal of Biblical Counseling* 27, no. 1 (2013): 7–25

Brad Hambrick, <http://www.bradhambrick.com/falselove/>

———, <http://www.bradhambrick.com/truebetrayal/>

Heath Lambert, *Finally Free: Fighting Purity with the Power of Grace*

David Powlison, *Making All Things New: Restoring Joy to the Sexually Broken*

———, *Coming Clean: Breaking Pornography's Hold on You*

Harry Schaumburg, *Unfiled: Redemption from Sexual Sin, Restoration for Broken Relationships*

———, *False Intimacy: Understanding the Struggle of Sexual Addiction*

Winston T. Smith, "When NOT to Do Marriage Counseling" *Journal of Biblical Counseling* 27, no. 1 (2013): 72–76

Vicki Tiede, *When Your Husband is Addicted to Pornography: Healing Your Wounded Heart*

Paul David Tripp, *Sex in a Broken World: How Christ Redeems What Sin Distorts*

David White, *Sexual Sanity for Men: Re-Creating Your Mind in a Crazy Culture*

Covenant Eyes has a number of helpful articles and resources: www.covenanteyes.com

Residential Treatment Facilities and Programs:

<https://stonegateresources.org/>

<http://www.purelifeministries.org/>

<https://www.faithlafayette.org/restoration>

Chapter 9

MY SPOUSE IS NOT A BELIEVER

RESOURCES

Cindy Easley, *Dancing with The One You Love: Living Out Submission in the Real World* (ch. 3)

Elyse Fitzpatrick and Carol Cornish, *Women Helping Women: A Biblical Guide to the Major Issues Women Face*

Sarah Flashing, “Honoring God in an Unequally Yoked Marriage,” June 19, 2012. <https://www.thegospelcoalition.org/article/honoring-god-in-an-unequally-yoked-marriage>

Brad Hambrick, *Self-Centered Spouse: Help with Chronically Broken Marriages*

Jennifer McGehee, “Going it Alone” <http://biblicalcounselingcoalition.org/2016/06/03/going-it-alone-part-1/>

<http://biblicalcounselingcoalition.org/2016/06/06/going-it-alone-part-2/>

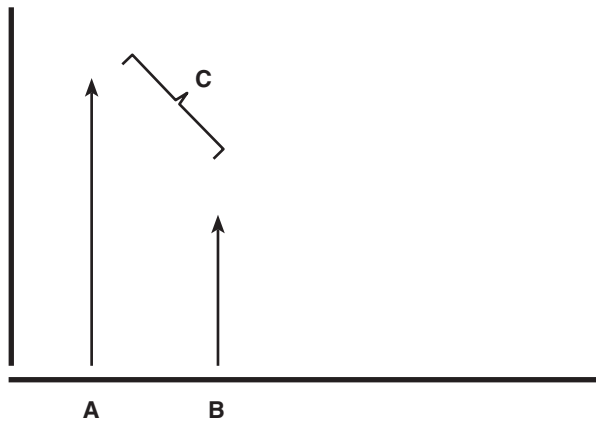
<http://biblicalcounselingcoalition.org/2016/06/08/going-it-alone-part-3/>

Lee & Leslie Strobel, *Surviving a Spiritual Mismatch in Marriage*

Leslie Vernick, *How to Act Right, When Your Spouse Acts Wrong*

Chapter 10

I CAN'T GET NO SATISFACTION



RESOURCES

Ernie Baker, *Help! I'm in a Conflict*

Brad Hambrick, Conflict-Resolution Online Evaluation: http://www.bradhambrick.com/wp-content/uploads/2014/06/GCMevaluation_Conflict-Resolution.pdf

Robert D. Jones, *Pursuing Peace: A Christian Guide to Handling Our Conflicts*

Ken Sande, *The Peacemaker: A Biblical Guide to Resolving Personal Conflict*

Paul David Tripp, *War of Words: Getting to the Heart of Your Communication Struggles*

Chapter 11

MY SPOUSE IS ABUSING ME

Templates for Personal Safety Plans

- Brad Hambrick: <http://bradhambrick.com/safetyplan/>
- Justin and Lindsey Holcomb: <http://justinholcomb.com/wp-content/uploads/2014/05/IsItMyFaultAppendix2.pdf>
- An example of a secular safety assessment: <https://www.marincourt.org/PDF/LethalityRisk.pdf>

RESOURCES

Bruce Ashford, J. D. Greear, and Brad Hambrick, “4 Myths About Responding to Spousal Abuse” <https://www.christianitytoday.com/pastors/2018/may-web-exclusives/4-myths-about-responding-to-spousal-abuse.html>

*Chuck DeGroat, “Identity, Abuse and Cruciformity” <https://chuckdegroat.net/2009/05/25/identity-abuse-and-cruciformity-does-being-like-jesus-mean-staying-with-an-abuser/>

Brad Hambrick, <http://bradhambrick.com/abuse/>

John Henderson, *Abuse: Finding Hope in Christ*

Justin S. Holcomb and Lindsey A. Holcomb, *Is It My Fault? Hope and Healing for Those Suffering Domestic Violence*

Chris Moles, *The Heart of Domestic Abuse: Gospel Solutions for Men Who Use Control and Violence in the Home*

Lilly Park, <https://www.biblicalcounselingcoalition.org/2013/10/01/responding-to-emotional-abuse-in-marriage/>

———, <https://www.biblicalcounselingcoalition.org/2015/06/23/responding-to-abuse-part-ii/>

David Powlison, *Why Me: Comfort for the Victimized*

Darby Strickland, “Counseling in the Brambles: How to Help Oppressive Marriages,” *Journal of Biblical Counseling* 30, no. 3 (2016): 24–46

———, “Identifying Oppression in Marriages,” *Journal of Biblical Counseling* 30, no. 2 (2016): 7–21

———, *Domestic Abuse: Help for the Sufferer*

———, *Domestic Abuse: Recognize, Respond, Rescue*

Leslie Vernick, *The Emotionally Destructive Marriage: How to Find Your Voice and Reclaim Your Hope*

Edward T. Welch, “Helping the Victim of Domestic Abuse,” *Journal of Biblical Counseling* 15, no. 2 (1997): 51–53

———, “Living with an angry husband,” *Journal of Biblical Counseling* 24, no. 4 (2006): 46–53

———, *Shame Interrupted: How God Lifts the Pain of Worthlessness and Rejection*

*This book/resource is not written from a biblical counseling perspective.

Chapter 12

WE DON'T TALK ANYMORE

RESOURCES

Brad Hambrick, <http://bradhambrick.com/wp-content/uploads/2016/12/240-Marital-Conversations.pdf>

Adam S. McHugh, *The Listening Life: Embracing Attentiveness in a World of Distraction*

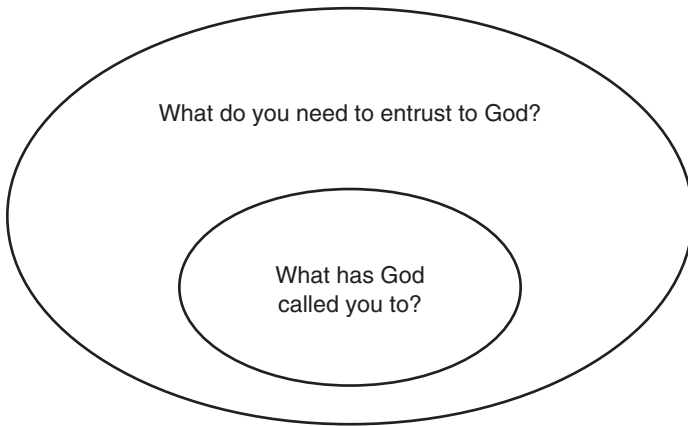
Ken Sande, *The Peacemaker: A Biblical Guide to Resolving Personal Conflict*

Paul David Tripp, *War of Words: Getting to the Heart of Your Communication Struggles*

——— and Timothy S. Lane, *Relationships: A Mess Worth Making*

Chapter 13

THE KIDS ARE NOT ALL RIGHT



RESOURCES

Nick Batzig, “Hope When Your Children Stray,” <https://www.thegospelcoalition.org/article/hope-when-your-children-stray/>

Richard A. Burr, *Praying Your Prodigal Home: Unleashing God’s Power to Set Your Loved Ones Free*

Dave Harvey and Paul Gilbert, *Letting Go: Rugged Love for Wayward Souls*

Rick Horne, *Get Outta My Face! How to Reach Angry, Unmotivated Teens with Biblical Counsel*

———, *Get Offa My Case! Godly Parenting of An Angry Teen*

Robert D. Jones, *Prodigal Children: Hope and Help for Parents*

Julie Lowe, “Seeing Relationships Through the Eyes of a Child,” *Journal of Biblical Counseling* 26, no. 1 (2012): 40–45

Jim Newheiser and Elyse Fitzpatrick, *You Never Stop Being a Parent: Thriving in Relationship with Your Adult Children*

Paul David Tripp, *Parenting: 14 Gospel Principles that Can Radically Change Your Family*
———, *Age of Opportunity: A Biblical Guide to Parenting Teens*

Tedd Tripp, *Shepherding a Child’s Heart*

Tedd and Margy Tripp, *Instructing a Child’s Heart*

Chapter 14

SURVIVING MISCARRIAGE, INFANT LOSS, OR INFERTILITY

RESOURCES

Daniel L. Akin, “Why I Believe Children Who Die Go to Heaven” <http://www.danielakin.com/wp-content/uploads/2004/08/Why-I-Believe-Children-Who-Die-Go-to-Heaven.pdf>

Amy Baker, *Infertility: Comfort for Your Empty Arms and Heavy Heart*

Megan Best, *Fearfully and Wonderfully Made: Ethics and the Beginning of Human Life*

Elizabeth B. Brown, *Surviving the Loss of a Child: Support for Grieving Parents*

Cameron Cole, *Therefore I Have Hope: 12 Truths That Comfort, Sustain, and Redeem in Tragedy*

Dan Cruver, ed., *Reclaiming Adoption: Missional Living through Rediscovery of Abba Father*

Dave Furman, *Being There: How to Love Those Who Are Hurting*

David and Nancy Guthrie, *When Your Family's Lost a Loved One: Finding Hope Together*

Nancy Guthrie, *What Grieving People Wish You Knew About What Really Helps (and What Really Hurts)*

———, *Hearing Jesus Speak into Your Sorrow*

Brad Hambrick, “Memorial Service for an Unborn Child” <http://bradhambrick.com/memorial-ceremony-for-an-unborn-child-2/>

Jessalyn Hutto, *Inheritance of Tears: Trusting the Lord of Life When Death Visits the Womb*

Robert W. Kelleman, *God's Healing for Life's Losses: How to Find Hope When You're Hurting*

Timothy Keller, *Walking with God Through Pain and Suffering*

John MacArthur, *Safe in the Arms of God: Truth for Heaven About the Death of a Child*

Glenda Mathes, *Little One Lost: Living with Early Infant Loss*

Albert Mohler and Daniel Akin, "The Salvation of the 'Little Ones': Do Infants Who Die Go to Heaven?" <https://albertmohler.com/2009/07/16/the-salvation-of-the-little-ones-do-infants-who-die-go-to-heaven/>

Russell Moore, *Adopted for Life: The Priority of Adoption for Christian Families and Churches*

Sue Nicewander and Jodi Jewell, "Walking through the Dark Valley of Miscarriage," *Journal of Biblical Counseling* 24, no. 1 (2006): 49–57

David Powlison, "Thinking Rightly About Recurrent Miscarriages" <https://www.ccef.org/resources/video/how-do-i-think-rightly-about-recurrent-miscarriages>

Karen Swallow Prior, "Called to Childlessness: The Surprising Ways of God" <https://erlc.com/resource-library/articles/called-to-childlessness-the-surprising-ways-of-god>

Aaron Wilson, "What Christians Should Know About Embryo Adoption," <https://www.thegospelcoalition.org/article/what-christians-should-know-about-embryo-adoption/>

Nicholas Wolterstorff, *Lament for a Son*

Chapter 15

FROZEN INTIMACY

RESOURCES

Daniel Akin, *God on Sex: The Creator's Ideas About Love, Intimacy, and Marriage*

Christopher Ash, *Married for God: Making Your Marriage the Best It Can Be* (ch. 4)

Joel R. Beeke, *Friends and Lovers: Cultivating Companionship and Intimacy in Marriage*

Denny Burk, *What Is the Meaning of Sex?* (ch. 4)

Matt Chandler, *The Mingling of Souls: God's Design for Love, Marriage, Sex & Redemption* (ch. 5)

Linda Dillow and Dr. Juli Slattery, *Passion Pursuit: What Kind of Love Are You Making?* (10-week DVD series and accompanying workbook for women)

Brad Hambrick, "Common Challenges to a Healthy Marital Sex Life," <http://bradhambrick.com/common-challenges-to-a-healthy-marital-sex-life/>

Timothy and Kathy Keller, *The Meaning of Marriage: Facing the Complexities of Commitment with the Wisdom of God* (ch. 8)

Scott Mehl, "Sexual Struggles in Marriage," <https://biblicalcounseling.com/2017/04/sexual-struggles-marriage/>

Margaret Kim Peterson and Dwight N. Peterson, *Are You Waiting for "The One"? Cultivating Realistic, Positive Expectations for Christian Marriage* (ch. 6)

David Powlison, *Renewing Marital Intimacy: Closing the Gap Between You and Your Spouse*

Tim Savage, *No Ordinary Marriage: Together for God's Glory* (ch. 8)

R. C. Sproul, *The Intimate Marriage: A Practical Guide to Building a Great Marriage* (ch. 5)

Walter Wangerin, *As for Me and My House: Crafting Your Marriage to Last* (ch. 13)

Chapter 16

IN-LAWS OR OUTLAWS?

RESOURCES

Jay Adams, *Solving Marriage Problems: Biblical Solutions for Christian Counselors*

Wayne Mack, *In-Laws: Married with Parents*

Chapter 17

CARING FOR THE COUNSELOR

RESOURCES

Kara Bettis, “The 4 Great Challenges of Christian Counseling,” <https://www.christianitytoday.com/pastors/2018/february-web-exclusives/4-great-challenges-of-christian-counseling.html>

Christopher Ash, *Zeal without Burnout: Seven Keys to a Lifelong Ministry of Sustainable Sacrifice*

Brad Hambrick, *Burnout: Resting in God’s Fairness*

Adam Mabry, *The Art of Rest: Faith to Hit Pause in a World that Never Stops*

David Murray, *Reset: Living a Grace-Paced Life in a Burnout Culture*

———, “Grace-Paced Living in a Burnout Culture,” <https://www.desiringgod.org/articles/grace-paced-living-in-a-burnout-culture>

Shona and David Murray, *Refresh: Embracing a Grace-Paced Life in a World of Endless Demands*

J. I. Packer, *Weakness is the Way: Life with Christ Our Strength*

Joshua Waulk, “Too Tired To Care,” <http://biblicalcounselingcoalition.org/2016/06/29/too-tired-to-care/>

ADDITIONAL RESOURCES

In addition to the resources I mentioned at the end of each chapter, here is a selection of resources.

Biblical Counseling Organizations

Christian Counseling and Education Foundation (CCEF): <https://www.ccef.org>

Association of Certified Biblical Counselors (ACBC): <https://biblicalcounseling.com>

Association of Biblical Counselors (ABC): <https://christiancounseling.com>

Biblical Counseling Coalition (BCC): <https://www.biblicalcounselingcoalition.org>

Institute for Biblical Counseling and Discipleship (IBCD): <https://ibcd.org>

Biblical Counseling Blogs

Care Leader: <https://www.careleader.org>

Paul David Tripp: <https://www.paultripp.com>

Faith Lafayette: <https://blogs.faithlafayette.org/counseling>

Tim Lane: <http://timlane.org/blog>

Robert Kelleman: <http://www.rpmministries.org>

Dave Dunham, <https://pastordaveonline.org>

Kevin Carson, <https://pastorkevinsblog.com>

Brad Hambrick, <http://bradhambrick.com>

Mark Shaw, <http://www.histruthinlove.com>

Paul Tautges, <http://counselingoneanother.com>

My Favorite Books on Marriage

Jay Adams, *Marriage, Divorce, and Remarriage in the Bible*

Christopher Ash, *Married for God: Making Your Marriage the Best It Can Be*

Alistair Begg, *Lasting Love: How to Avoid Marital Failure*

Bryan and Kathy Chapell, *Each for the Other: Marriage As It's Meant to Be*

Dave Harvey, *When Sinners Say, "I Do!": Discovering the Power of the Gospel for Marriage*
Timothy and Kathy Keller, *The Meaning of Marriage: Facing the Complexities of
Commitment with the Wisdom of God*

Andreas Köstenberger, *God, Marriage, and Family: Rebuilding the Biblical Foundation*,
2nd ed.

Wayne A. Mack, *Strengthening Your Marriage*

Jim Newheiser, *Marriage, Divorce, Remarriage: Critical Questions and Answers*

Ray Ortlund, *Marriage and the Mystery of the Gospel*

Dwight and Margaret Peterson, *Are You Waiting for "The One"?: Cultivating Realistic,
Positive Expectation for Christian Marriage*

John Piper, *This Momentary Marriage: A Parable of Permanence*

Tim Savage, *No Ordinary Marriage: Together for God's Glory*

Winston T. Smith, *Marriage Matters: Extraordinary Change through Ordinary Moments*

Gary Thomas, *Sacred Marriage: What if God Designed Marriage to Make Us Holy More
Than to Make Us Happy?*

Paul David Tripp, *What Did You Expect? Redeeming the Realities of Marriage*

Walter Wangerin, *As for Me and My House: Crafting Your Marriage to Last*

Marriage Intensives and Small Group Curriculum

Winshape Retreat Center, <https://marriage.winshape.org>

Twelve Stones, <http://twelvestones.org>

Family Life, "Weekend to Remember," <http://familylifeministries.org/weekend-to-remember>

Paul David Tripp DVD, "What Did You Expect?" <https://www.paultripp.com/products/wdye-dvd>

Family Life, "The Art of Marriage," <http://www.familylife.com/theartofmarriage>

Premarital Counseling Resources

Ernie Baker, *Marry Wisely, Marry Well: A Blueprint for Personal Preparation*

Rob Green, *Tying the Knot: A Premarital Guide to a Strong and Lasting Marriage*

Brad Hambrick, *Gospel Centered Pre-Marital Mentoring Program*, <http://bradhambrick.com/gcm/>

John Henderson, *Catching Foxes: A Gospel-Guided Journey to Marriage*

Wayne A. Mack, *Preparing for Marriage God's Way: A Step-by-Step Guide for Marriage
Success Before and After the Wedding*

Sean Perron and Spencer Harmon, *Letters to a Romantic on Engagement*

Margaret Kim Peterson and Dwight N. Peterson, *Are You Waiting for the One?
Cultivating Realistic, Positive Expectations for Christian Marriage*

David Powlison and John Yenchko, *Pre-Engagement: Five Questions to Ask Yourself*

Dennis Rainey, *Preparing for Marriage: The Complete Guide to Help You Discover God's
Plan for a Lifetime of Love*