

COUNSELING

for Seemingly

IMPOSSIBLE PROBLEMS

A BIBLICAL PERSPECTIVE



ALCOHOLISM • DIVORCE • SEXUAL ABUSE • SCHIZOPHRENIA

SUBSTANCE ADDICTION • BIPOLAR • DOMESTIC VIOLENCE

LEE N. JUNE, PHD & SABRINA D. BLACK, MA

EDITORS

DR. WILLIE RICHARDSON, CONSULTING EDITOR

Formerly titled *Counseling in African-American Communities*



A PDF COMPANION TO THE AUDIOBOOK

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Counseling for Seemingly Impossible Problems

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Names and details have sometimes been changed in stories and case studies.

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Chapter 1

Gambling Addiction

QUIZ: GAMBLING OR GAMING ADDICTION?

	Gambling	Gaming
1. Card games with friends	<input type="checkbox"/>	<input type="checkbox"/>
2. Video poker	<input type="checkbox"/>	<input type="checkbox"/>
3. Slot machines	<input type="checkbox"/>	<input type="checkbox"/>
4. Super Bowl pools	<input type="checkbox"/>	<input type="checkbox"/>
5. Bowling jackpots	<input type="checkbox"/>	<input type="checkbox"/>
6. Sports betting with bookies	<input type="checkbox"/>	<input type="checkbox"/>
7. Lottery	<input type="checkbox"/>	<input type="checkbox"/>
8. Bingo	<input type="checkbox"/>	<input type="checkbox"/>
9. Horse races	<input type="checkbox"/>	<input type="checkbox"/>
10. Betting on golf	<input type="checkbox"/>	<input type="checkbox"/>

ANSWERS TO QUIZ

	Gambling	Gaming
1. Card games with friends	<input checked="" type="checkbox"/>	<input type="checkbox"/>
2. Video poker	<input type="checkbox"/>	<input checked="" type="checkbox"/>
3. Slot machines	<input type="checkbox"/>	<input checked="" type="checkbox"/>
4. Super Bowl pools	<input checked="" type="checkbox"/>	<input type="checkbox"/>
5. Bowling jackpots	<input type="checkbox"/>	<input checked="" type="checkbox"/>
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7. Lottery	<input type="checkbox"/>	<input checked="" type="checkbox"/>
8. Bingo	<input type="checkbox"/>	<input checked="" type="checkbox"/>
9. Horse races	<input type="checkbox"/>	<input checked="" type="checkbox"/>
10. Betting on golf	<input checked="" type="checkbox"/>	<input type="checkbox"/>

Dealing with Addictions through the Twelve Steps with Godly Principles

TWELVE STEPS WITH GODLY PRINCIPLES

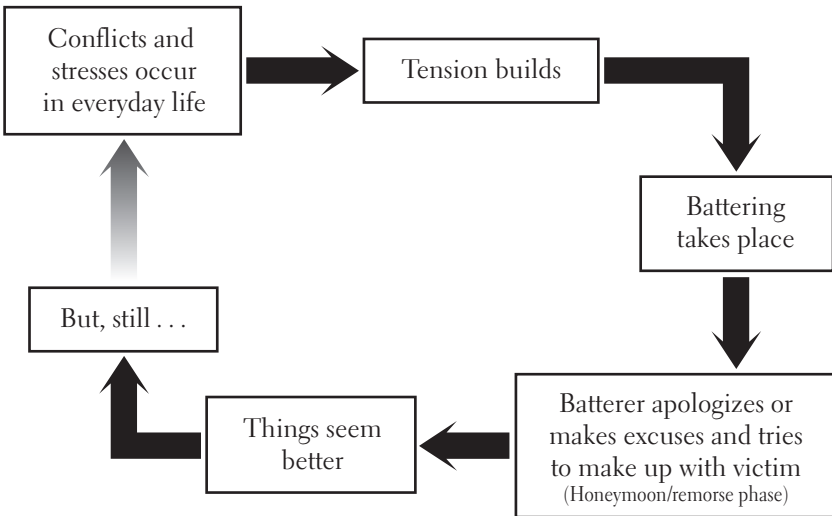
12-STEP ACTION CHART

Step	Spiritual Discipline	Specific Activity	Scripture
Step 1	Confession	Acknowledging true condition	Romans 7:8
Step 2	Self-examination	Examine beliefs about God	Psalms 139
Step 3	Conversion	Trusting Christ	Romans 12:1
Step 4	Self-examination	Releasing denial	Proverbs 28:73 Luke 15:11–24
Step 5	Confession	Exposing self	James 5:16
Step 6	Obedience	Building faith in God	1 Samuel 15:22 James 4:10
Step 7	Repentance	Renewing the mind by removing false beliefs	Romans 12:2 1 John 1:9
Step 8	Honesty	Identifying broken relationships	Luke 6:31 Romans 12:17–19
Step 9	Forgiveness	Accepting and asking for forgiveness	Matthew 5:23–29
Step 10	Rededication	Walking in the Spirit	1 Corinthians 10:12
Step 11	Sanctification	Spiritual development	Psalms 119:11 James 1:5–6
Step 12	Witnessing	Restore others and share your testimony	Galatians 6:1 Matthew 28:19–20

Chapter 5

Domestic Abuse

CYCLE OF VIOLENCE



Chapter 12

Suicide

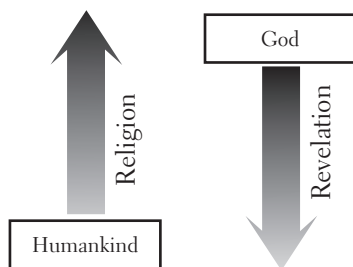
SUICIDES IN 1997

	Whites	Blacks	Other non-Whites	Total
Males	22,042	1,764	686	24,492
Females	5,471	339	233	6,043
Total	27,513	2,103	919	30,535

Chapter 16

In Search of a Healthy and Authentic Faith

RELIGION AND REVELATION



Unemployment

SAMPLE RESUME

JAMES L. LOTT
1535 Moorehouse Avenue
Mendenhall, Mississippi 39114
(999) 894-2163

POSITION OBJECTIVE

To obtain a position in a company using my talents and experience in manufacturing.

EDUCATION

B.A. Business Administration, May 2000
Johnson Edwards College, Maryville, IN
Grade Point Average: 3.1/3.7

RELATED EXPERIENCE

Willow Creek Manufacturing Company, fall 1997-99

- Supervised third shift
- Dealt with shipping, receiving, quality control, union problems
- Managed employee working hours
- Analyzed and recommended equipment upgrades

Orange County Manufacturing Company

- Stamping Apprentice
- Stamping Supervisor Assistant
- Supervised stamping department for eight months
- Managed sixty people with a minimum of overtime

ADDITIONAL ABILITIES

Computer: Experience in operating Windows 2000
Environment Pentium 3

Fluent in Spanish

OTHER ACTIVITIES

Boy Scout Master
Volunteer Fireman

SAMPLE COVER LETTER

Your Street Address
City, State, Zip Code
Date of Writing

Mr. or Mrs. Prospective Employer
Title of Prospective Employer
Organization
Street Address
City, State, Zip Code

Dear Mr. or Mrs. Prospective Employer:

1st paragraph: Your opening should invite and entice the prospective employer. State why you are writing, usually to apply for a position. If you are responding to a known opening, explain how you heard about it (name the publication and date). If it was through a personal reference, tell the prospective employer about it immediately. If you are writing an unsolicited letter to an organization with no announced openings, be as specific as possible about the type of job you are seeking. Tell why you are particularly interested in working for the company.

2d paragraph: Present your strongest and most relevant qualifications for the job, in decreasing order of importance. Keep the prospective employer's perspective in mind! Expand on information presented in your résumé; do not merely repeat it. Use specific examples in demonstrating what you can do for the prospective employer instead of merely listing skills you have or relevant courses you have taken. Indicate how your skills tie into the organization. Mention briefly what you know about the company or some aspect of it.

3d paragraph (optional): If you need an additional paragraph to elaborate on your accomplishments, use this paragraph.

4th paragraph: Close by making a specific request for an interview. Keep your tone confident! State that you will follow up by phone with the prospective employer to arrange the date and time. For example, "I will call you during the week of (month, date) to discuss the possibility of an interview." Allow at least one week from the day you mail the letter. Do not forget to call! If you are unable to locate any literature on that organization, request it at this time. Remind the reader that you are willing and able to be of service to the organization. Thank the prospective employer for any consideration he/she may give to your application.

Sincerely,

(Your Handwritten Signature)
Your Typewritten Name
Enclosures (i.e., résumé)

Incorporating Research into Clinical Practice

SAMPLE CONSENT FORM

Thank you for agreeing to consider participating in this study. It is being conducted by [GIVE NAME(S) AND AFFILIATION OF RESEARCHERS].

The purpose of this study is to investigate possible factors (personal and demographic) that contribute to the attractiveness to and possible success of the [GIVE NAME OF PROJECT].

There are two instruments attached which you should complete (both are designed to gather demographic information and your personal opinion concerning experiences in relating to individuals and groups). It should take approximately 15–20 minutes to complete both instruments. You are being asked to consider completing these instruments today and again at the end of the academic school year.

On the front page of the first survey, we are asking that you indicate the last five digits of your Social Security Number. This information is requested only so that we may be able to link your response from time one to time two.

All information collected will be kept strictly confidential and you will not be identified individually. Results will be reported in a group manner. You may discontinue participating at any time.

If you have any questions or concerns, you may contact [GIVE THE NAME, ADDRESS, AND PHONE NUMBER OF THE CONTACT PERSON]. If you would like results of this study, please let me know at the same address above. If you have questions about your rights as a participant, you may contact [IF APPLICABLE, GIVE THE NAME AND PHONE NUMBER OF THIS PERSON].

You indicate your consent to participate in this study by completing this survey and signing your name below. Once collected, this consent form will be separated from the questionnaire packet and destroyed.

Name (please print) _____

Signature _____

Date _____