

FOREWORD BY TY SALTZGIVER

JODIE BERNDT

Praying ^{the} Scriptures for Your Teens

Opening the Door for God's
Provision in Their Lives

UPDATED AND EXPANDED

A PDF COMPANION TO THE AUDIOBOOK

ZONDERVAN BOOKS

Praying the Scriptures for Your Teens

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Prayers You Can Use

Heavenly Father . . .

Tune _____'s ears to hear your voice so that, as Samuel did when he was a boy, they will invite you to speak and then listen to your words.

1 Samuel 3:9-10

Allow _____ to be rooted and established in love. Give them power to grasp how wide and long and high and deep is the love of Christ.

Ephesians 3:17-18

Cause _____ to trust you and never be shaken.

Psalms 125:1

May _____'s faith rest not in the wisdom of human beings but in the power of God.

1 Corinthians 2:5

Give _____ an undivided heart and a new spirit. Replace their heart of stone with a heart of flesh so that they will follow you and keep your laws. Let them know they belong to you.

Ezekiel 11:19-20

Remove the veil from _____'s eyes so that they can see the light of the gospel. Shine your light in their heart to give them the light of the knowledge of your glory displayed in Christ.

2 Corinthians 4:3-6

Prompt _____ to confess that Jesus is Lord. Let them believe in their heart that you have raised Jesus from the dead; may they call on your name and be saved.

Romans 10:9, 13

Protect _____ so that they will not waver in unbelief.
Strengthen their faith and cause them to give glory to God.

Romans 4:20-21

Satan wants to sift _____ like wheat, but don't let their faith fail. When they turn back to you, equip them to strengthen others.

Luke 22:31-32

Draw _____ to you. May your Holy Spirit give them life.

John 6:44, 63

Put people in _____'s life who will gently instruct them.
Grant them repentance leading to a knowledge of the truth so
that they will come to their senses and escape the devil's trap.

2 Timothy 2:25-26

Open _____'s eyes and turn them from darkness to light,
and from the power of Satan to God, so that they may receive
forgiveness of sins and a place among those who are sanctified
by faith in Christ.

Acts 26:18

Grant _____ your peace. Breathe on them, that they might
receive your Holy Spirit.

John 20:21-22

Bring _____ back to faith. Let our mouths be filled with
laughter, and our tongues with songs of joy. Let our friends and
neighbors know that you have done great things for our family.

Psalms 126:1-2

Prayers You Can Use

Heavenly Father . . .

Surround _____ with good friends—those who will sharpen them as iron sharpens iron.

Proverbs 27:17

Prompt _____ to pursue faith and love and peace, and let them enjoy the companionship of those who call on you out of a pure heart.

2 Timothy 2:22

Don't allow _____ to follow the crowd in doing wrong.

Exodus 23:2

You promise to be a friend to those who fear you. Be _____'s friend, and teach them your covenant. May _____ keep their eyes always on you and be rescued from any trap.

Psalms 25:14-15 NLT

Don't let _____ exclude peers or participate in gossip, since a perverse person stirs up dissension, and a gossip separates close friends.

Proverbs 16:28

Show _____ how to love others with the same self-sacrificing love you have shown. Make them willing to lay down all they have for their friends. Prompt _____ to obey you and let them find security in the fact that you confide in them and have chosen them as your friend.

John 15:12-15

Use _____ to spread the fragrance of the knowledge of you.
Let them be the aroma of the knowledge of Christ everywhere.

2 Corinthians 2:15-16

Teach _____ how to show love even to their enemies and to pray for kids who may reject or persecute them. Remind them that even pagans are kind to their own people, but that, as a child of God, they are called to love everyone.

Matthew 5:44-47

Don't let _____ pay back evil for evil, but cause them to focus on forgiveness, which breaks down walls between friends and restores relationships.

Genesis 50:14-21

Let _____ walk in the light of your presence and enjoy fellowship with other teens who love you.

1 John 1:7

When _____ wrestles with loneliness or rejection, remind them of your promise: though the mountains be shaken and the hills be removed, your unfailing love will never be shaken and your covenant of peace will not be removed.

Isaiah 54:10

When _____ feels like friends have rejected or deserted them, remind them that you are a friend who sticks closer than anyone.

Proverbs 18:24

Equip _____ to speak the truth to their friends in love, supporting them and building them up by all they say and do.

Ephesians 4:15-16

May _____ walk with the wise and become wise, since a companion of fools gets in trouble and bad company corrupts good character.

Proverbs 13:20 NLT; 1 Corinthians 15:33

Send _____ a friend who will be a partner in spreading the good news about Jesus Christ. Let them pray for one another, giving joyful thanks to you for the gift of their friendship.

Philippians 1:3-5

Prayers You Can Use

Heavenly Father . . .

As we pray for _____'s involvement in church, help us hold tightly to hope, knowing that you are faithful. Let us consider how we can spur them on toward love and good deeds.

Hebrews 10:23-24

Don't let _____ give up meeting together with other believers, even if some of their friends quit going to church, but show them how they can love and encourage others.

Hebrews 10:25

Let _____ be like King David, rejoicing with those who say, "Let us go to the house of the LORD."

Psalms 122:1

Remind _____ of your promise that where two or three come together in your name, you are there with them.

Matthew 18:20

Cause _____ to be devoted to godly teaching and to fellowship. May they be prayerful, generous, and willing to share. Give them favor with other teens so that the group of believers will grow.

Acts 2:42-47

Teach _____ to remember the Sabbath day and keep it holy.

Exodus 20:8

Help our family to understand what it means to call the Sabbath a delight and to make it an honorable day. Show us how to find joy in you rather than in doing whatever we please.

Isaiah 58:13-14

Equip our church leaders to preach your word with great patience and careful instruction so that when _____ encounters those who reject sound doctrine in favor of teachers who tell them whatever they want to hear, they can stand firm and spot the difference between truth and myths.

2 Timothy 4:2-4

As _____ hears your word taught in church, may they receive the message with eagerness and examine the Scriptures every day to see if the teaching is true.

Acts 17:11

Make _____ like Lydia, who listened to the apostles teach on the Sabbath. Open _____'s heart so that they will respond to your message and want to be with other believers.


Acts 16:13-14

Let _____ enjoy the company of people who are “salty”—those who create a thirst for Jesus. Help _____ and the other teens in our church live at peace with each other.

Mark 9:50

Give _____ the same Spirit that Jesus had as a young man. Let them be an eager listener and an active participant at church, and bless them with wisdom and understanding.

Luke 2:46-47



Draw _____ to you and give them friends in church who will
make them sharp.

John 6:44; Proverbs 27:17

May _____ seek and desire only one thing: to dwell in your
house and gaze on your beauty, seeking you in your temple.

Psalms 27:4

Prayers You Can Use

Heavenly Father . . .

Let _____ be drawn to relationships that will sharpen them spiritually and mentally and allow them to bring out the best in others.

Proverbs 27:17

Guard _____'s heart, since everything flows from that.

Proverbs 4:23

Remind _____ of your counsel not to be “yoked together” with those who do not know you. Let them take the question “What does a believer have in common with an unbeliever?” seriously as they think about romantic relationships.

2 Corinthians 6:14-15

Set a hedge of protection around _____, that they may be protected from harm and find their hearts drawn only to people you choose.

Job 1:10

Let _____'s love be sincere. Cause them to hate what is evil and to cling to what is good. Let them be devoted to others in love, honoring dating partners and/or potential spouses above themselves.

Romans 12:9-10

When _____ has to choose between obedience to you and going their own way, prompt them to choose obedience and thereby open the door to overflowing joy.

John 15:10-11

As _____ considers romantic relationships, let them submit to your authority so that your peace can rule in their heart, causing them to know exactly what they should say or do and whether a particular interest is pleasing to you. *Colossians 3:15*

As _____ spends time with their peers, let them be careful and watch themselves closely so that they do not forget your commands or let them slip from their heart.

Deuteronomy 4:9

Cause _____'s love to abound more and more in knowledge and depth of insight, so that they may be able to discern what is best and may be pure and blameless until the day of Christ.

Philippians 1:9-10

Equip _____ to flee from sexual immorality, recognizing that their body is a temple of the Holy Spirit. Remind them that they belong to you and that they should honor you with their body.

1 Corinthians 6:18-20

When _____ yearns for a dating relationship, help them to stay watchful and prayerful so that they will not fall into temptation. Let them be strong and take heart as they wait on your perfect provision.

Matthew 26:41; Psalm 27:14

Be faithful to _____. Do not let them be tempted beyond what they can bear, but provide a way of escape so that they can endure.

1 Corinthians 10:13 ESV

As we establish rules and boundaries for dating in our home, give us wisdom and knowledge, so that we may properly lead our teens, for they are precious in your sight, and they belong to you.

2 Chronicles 1:10

In _____'s dating relationships, may they acknowledge you as Lord.

Philippians 2:11

Prayers You Can Use

Heavenly Father . . .

Help me preach your word and be prepared in season and out of season. Show me how to correct, rebuke, and encourage _____—with great patience and careful instruction.

2 Timothy 4:2

Teach me how to set a godly example for _____, and equip them to be like King Solomon, who walked before you in integrity of heart and uprightness, even as his father David did.

1 Kings 9:4

As _____ and I talk with each other, let no unwholesome talk come out of our mouths, but only what is helpful for building each other up according to our needs, that our words may benefit each other and strengthen our relationship.

Ephesians 4:29

Prompt _____ to listen to correction and not neglect instruction, since what they learn from their parents will crown them with grace and honor.

Proverbs 1:8–9 NLT

Help me start _____ off in the way they should go, counting on your promise that even when they are old they will not turn from it.

Proverbs 22:6

Cause _____ to obey all your commands, including the one about honoring parents, and remain in your love so that your joy will be in them and their joy will be complete.

John 15:10-11

As I raise _____, please be my shepherd and lead me, Lord. Gather me in your arms and carry me close to your heart, giving me grace and wisdom as you gently lead “those that have young.”

Isaiah 40:11

Make _____ like John the Baptist, a child who brought joy and delight to his parents. Let them bring others back to you, Lord, turning the hearts of fathers to their children and the disobedient to the wisdom of the righteous.

Luke 1:14-17

May _____ see discipline as a sign of love and legitimacy in a family. Help them realize that we are doing our best, as parents, and that we ourselves submit to your discipline.

Hebrews 12:6-10

Keep _____’s heart on the right course, not carousing with drunkards or feasting with gluttons but listening to their father, who gave them life. Don’t let _____ despise me when I am old—and not so old!

Proverbs 23:19, 22

Teach _____ to obey us in everything, for this pleases you.
Don't let us do or say anything that would embitter or discourage
our teens. *Colossians 3:20-21*

Turn our heart toward our teens, and turn their hearts toward us.
Malachi 4:6



Prayers You Can Use

Heavenly Father . . .

A good person produces good things from the treasury of a good heart, and an evil person produces evil things from the treasury of an evil heart. Work in _____'s heart so that good things will flow out.

Luke 6:45 NLT

Cause _____ to put off falsehood and speak truthfully, for we are all members of one body.

Ephesians 4:25

Keep _____ from deceitful ways. Teach them to choose the way of faithfulness and equip them to hold fast to your statutes so that they will never be put to shame.

Psalms 119:29-31

Let _____'s words be truthful so they will stand the test of time. Give them a heart filled with peace and joy instead of deceit.

Proverbs 12:19-20

Keep _____'s tongue from evil and their lips from speaking lies so that they will love life and enjoy good days.

Psalms 34:12-13

You test the heart and are pleased with integrity. May _____'s heart please you, and may all that they say, do, and give be with honest intent. Keep _____'s heart loyal to you.

1 Chronicles 29:17-18

Set a guard over _____'s mouth; keep watch over their lips.

Psalms 141:3

Guard _____'s life and rescue them; let them never be put to shame. May integrity and uprightness protect them and cause them to hope in you.

Psalms 25:20-21

Help _____ to stand firm with the belt of truth buckled securely around their waist and the breastplate of righteousness guarding their heart.

Ephesians 6:14

Cause _____ to be careful to lead a blameless life and have nothing to do with evil. Do not let them slander friends or classmates in secret. Keep _____ from practicing deceit or speaking falsely so that they dwell in your house and stand in your presence.


Psalms 101:2-7

Satan is a liar and the father of lies. Don't allow _____ to listen to Satan or carry out his desires; rather, tune their ears to hear what you say. Let _____ receive and believe the truth you speak, knowing that they belong to you.

John 8:42-47

Let _____ be a truthful witness, knowing that deceit is in the heart of those who plot evil but those who promote peace have joy.

Proverbs 12:17-20

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May the words of _____'s mouth and the meditations of their heart be pleasing in your sight.

Psalm 19:14

Cause _____ to hold to your teaching, to be your disciple, and to know the truth that sets us free.

John 8:31-32

Prayers You Can Use

Heavenly Father . . .

Fill _____ with your Holy Spirit. Let their words and deeds be marked by love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self-control.

Galatians 5:22-23 NLT

Let _____ put you first, others second, and themselves third. May they love you with all of their heart, soul, and mind and love others as themselves.

Matthew 22:37-39

Turn _____'s heart toward your statutes and not toward selfish gain.

Psalms 119:36

May no act of service or kindness seem too small in _____'s eyes. May they not despise small beginnings but remember that you rejoice to see good work begin.

Zechariah 4:10 NLT

Cause _____ to follow the example of Jesus, who came not to be served, but to serve.

Matthew 20:28

Let _____ do nothing out of selfish ambition or vain conceit but, in humility, to value others—family, friends, classmates—above themselves. May _____ not look to their own interests but look beyond to focus on the needs of other people.

Philippians 2:3-4

Teach _____ to honor you by being kind to the needy.

Proverbs 14:31

Make _____ wise and understanding. Let the evidence of these traits be seen in good deeds done in humility.

James 3:13

Cause _____'s life to be marked by love—the kind that is patient and kind and never envious, boastful, proud, rude, or self-seeking.

1 Corinthians 13: 4–5

Remind _____ that when they reach out with food, clothing, hospitality, and other evidences of your love, whatever they do for “the least of these brothers and sisters” is for you.

Matthew 25:34–40

Impress on _____'s heart the need to pair words and beliefs with actions—the kind of good deeds and selfless actions that prove faith is real.


James 2:14–17

Equip _____ to defend the cause of the weak and fatherless and to protect the rights of the poor and the oppressed.

Psalms 82:3

Open _____'s ears to the cries of a world in need and show them how to help.

Proverbs 21:13

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May _____ seek to bring glory to you rather than to themselves.
Let them never seek their own good but the good of many, as
Jesus did. *1 Corinthians 10:31-11:1*

Make _____ enriched in every way so that they can be generous on every occasion, which will result in people giving thanks to you. *2 Corinthians 9:11*

Prayers You Can Use

Heavenly Father . . .

May _____ be submissive to authority, obedient, and ready for every good work. May they speak evil of no one, avoid quarreling, be gentle, and show perfect courtesy toward all people.

Titus 3:1-2 ESV

Let _____ give you praise and glory for their talents and abilities, knowing that everything they have comes from you.

1 Chronicles 29:11-14

May _____ delight in your word, since it is useful for teaching, rebuking, correcting, and training in righteousness. Equip _____ for every good work.

2 Timothy 3:16-17

Cause _____ to be submissive and respectful toward those who are older and more experienced. Let them be clothed with humility, remembering that you oppose the proud but give grace to the humble, and that you will lift them up in due time.

1 Peter 5:5-6

May _____ act justly, love mercy, and walk humbly with you, since this is what you require.

Micah 6:8

Help _____ to do nothing out of selfish ambition or vain conceit. Cause them to treat coaches and teammates with humility, thinking not of their own interests, but giving others support and credit.

Philippians 2:3-4

Let _____ be honest in their estimate of themselves, measuring value not by worldly success but by the faith you give. Open their eyes to see and appreciate the different gifts and talents you have given to others.

Romans 12:3-6

Remind _____ that pride goes before destruction, and a haughty spirit before a fall.

Proverbs 16:18

Give _____ confidence in their leaders and help them submit to authority so that the leaders' work will be a joy, not a burden, for that would be of no benefit to them.

Hebrews 13:17

Cause _____ to be wise in the way they act toward coaches, teachers, and other authorities. Let them make the most of every opportunity, using words that are gracious and effective, so that nothing will bring dishonor to your name.

Colossians 4:5-6

Prompt _____ to acknowledge that you rule over the kingdoms of the world and appoint anyone you desire to rule over them.

Daniel 5:21 NLT

Teach _____ to listen to advice and accept instruction so that they will be wise.

Proverbs 19:20

Don't let _____ lose heart when you rebuke them; remind them that you discipline those you love. *Hebrews 12:5-6*

May _____ take your yoke and learn from you, for you are gentle and humble in heart. *Matthew 11:29*

Prayers You Can Use

Heavenly Father . . .

Teach _____ how to be just like you—compassionate and gracious, slow to anger, abounding in love and faithfulness.

Psalms 86:15

Don't let _____ be like a fool who gives full vent to rage, but cause them to be wise and bring calm.

Proverbs 29:11

When _____ gets angry, do not let them sin or let the sun go down on their anger and thereby give the devil a foothold.

Ephesians 4:26-27

Get rid of all bitterness, rage, anger, brawling, slander and every form of malice in _____'s life.

Ephesians 4:31

Cause _____ to be quick to listen, slow to speak, and slow to become angry, because anger does not produce the righteousness you desire.

James 1:19-20

Let _____'s life be marked by love—the kind that is not easily angered and keeps no record of wrongs.

1 Corinthians 13:5

Show _____ that when they lash out in anger, calling someone a fool, they put themselves in danger. Let _____ be quick to be reconciled with anyone who has anything against them.

Matthew 5:23-24

Do not allow _____ to repay evil with evil or insult with insult, but respond to offenses with blessings so as to inherit the blessing your promise.

1 Peter 3:9

Demolish the stronghold of anger in _____'s life. Equip _____ to take captive every thought and make it obedient to Christ.

2 Corinthians 10:4-5

Help _____ to get rid of all anger, rage, malice, slander, and filthy language, being clothed instead with compassion, kindness, humility, gentleness, patience, and love. Cause _____ to bear with others and quickly forgive grievances.

Colossians 3:8-13

Equip _____ to live by the Spirit and not live to gratify the desires of the sinful nature. Fill _____ with the Holy Spirit's fruit, including peace, gentleness, and self-control.


Galatians 5:19-22

May _____ not repay evil for evil, but make every effort to live at peace with everyone and look for ways to overcome evil with good.

Romans 12:17-21

Guard _____'s heart against the desire to take revenge. Let them be content to leave room for your wrath, knowing that it is up to you to avenge and repay.

Romans 12:19



Bless _____ with strength and peace.

Psalm 29:11

May grace and peace be _____'s in abundance through the
knowledge of God and of Jesus our Lord.

2 Peter 1:2

Prayers You Can Use

Heavenly Father . . .

May _____ follow your example, being compassionate and gracious, slow to anger, and abounding in love.

Psalms 103:8

Cause _____ to be like you are—kind to the ungrateful and the wicked, doing good to them without expecting to get anything back.

Luke 6:35

Comfort _____ in all their troubles, so that they can comfort others in their time of need.

2 Corinthians 1:4

Let _____ open their arms to the poor and extend their hands to the needy.

Proverbs 31:20

Remind _____ that whoever oppresses the poor shows contempt for their Maker, but whoever is kind to the needy honors God.

Proverbs 14:31

May _____ never pay back wrong for wrong but strive to do what is good for everyone else.

1 Thessalonians 5:15

Clothe _____ with compassion, kindness, humility, gentleness, and patience.

Colossians 3:12

Let _____ be kind and compassionate to others, forgiving them, just as in Christ God forgave them.

Ephesians 4:32

Fill _____ with your Holy Spirit's kindness, goodness, and joy.

Galatians 5:22

Don't let _____ become weary in doing good but be alert to opportunities to show kindness and compassion to all people—especially to those who belong to the family of believers.

Galatians 6:9–10

Give _____ an undivided heart and a new spirit. Take away any hard and stony attitudes and replace them with a heart of flesh.

Ezekiel 11:19

May _____ live in harmony with siblings and friends and be sympathetic, compassionate, and humble toward everyone.

1 Peter 3:8

Anoint _____, as you anointed Jesus, to do good and bring your help and healing touch to others.

Acts 10:38

Let _____ show mercy and compassion to others, especially to orphans, foreigners, poor people, and others in great need.

Zechariah 7:9–10

Prayers You Can Use

Heavenly Father . . .

When _____ gets behind the wheel, guide them in the way of wisdom and lead them along straight paths.

Proverbs 4:11

Keep _____ in perfect peace on the road. Make the way smooth, and prompt _____ to follow your laws—including things like speed limits!

Isaiah 26:3–8

When disaster strikes—maybe in the form of a flat tire, an accident, or some other mishap—send your angels to encamp around _____ and bring comfort, protection, and healing.

Psalms 34:7; Hebrews 1:14

Help me release _____ to you when they get behind the wheel or in a friend's car, knowing that as I cast all my anxiety on you, you will care for them—and for me.

1 Peter 5:7

Watch over _____. By day and by night, protect them from all harm. Watch over their coming and going, now and always.

Psalms 121:3–8

When _____ faces difficulty on the road, like getting lost, being stuck in traffic jams, and so on, don't let them become frightened or dismayed. Be with _____ to bring strength and help.

Isaiah 41:10

Rescue _____ from every evil attack and danger, and bring them safely to your heavenly kingdom.

2 Timothy 4:18

Be _____'s shield. Guard their course and protect their way.

Proverbs 2:7-8

Don't let _____ drive like Jehu—like a maniac!

2 Kings 9:20

Don't let _____ be an anxious driver. Let them be self-controlled and alert to danger.

1 Peter 5:7-8

Keep _____ focused on wisdom and understanding, preserving sound judgment and discretion when they drive.

Proverbs 3:21

Help me know what rules and boundaries to establish for _____ when they drive, and prompt them to listen to my instruction and not forsake my teaching.

Proverbs 1:8

Command your angels concerning _____ to guard them in all their ways.

Psalms 91:11

Prayers You Can Use

Heavenly Father . . .

Let _____ know that you made them and that all your ways are perfect. Nourish _____ as you nourished the Israelites, and keep them safe in your hand.

Deuteronomy 32:4, 6, 13, 39

When _____ is anxious, be their security and shield; let them rest between your shoulders. Lead _____ into a land of safety, a land where they can see the food and drink you provide as gifts rather than something to be feared or abused.

Deuteronomy 33:12, 28

Remind _____ that you do not look at the things human beings look at—such as outward appearance—but that you value what's in the heart.

1 Samuel 16:7

Cause _____ to hope in your unfailing love, and deliver them from death. Keep _____ alive, even during times of self-imposed famine.

Psalms 33:18–19

Protect _____ so that they will not be taken captive by the world's hollow and deceptive philosophy that attaches worth and value to appearance.

Colossians 2:8

Bring your peace to _____'s heart, because a heart at peace gives life to the body.

Proverbs 14:30

Let _____ feast on your Word. Let the words of Scripture be their joy and delight.

Jeremiah 15:16

You are the God of peace. Please make _____ holy in every way, letting their whole spirit, soul, and body be kept blameless until Jesus comes again.

1 Thessalonians 5:23

Direct _____'s thoughts so that they will be set on things above, not on earthly things, such weight or appearance. Help _____ put to death those things that belong to their earthly nature, including any obsession with appearance, which is a form of idolatry.

Colossians 3:2, 5

When I speak to _____, help my words to be kind. Let them be like honey—sweet to the soul and healthy for the body.

Proverbs 16:24

Set _____ free from the prison of a distorted self-image, that they may praise your name.

Psalms 142:7

Bless _____ and keep them; make your face shine upon them. Be gracious to them, and give them peace.

Numbers 6:24-26

Search _____ and know their thoughts. Place your hand of blessing and protection on _____. Let them know that they are fearfully and wonderfully made, and that when you look at them—as you have done since even before they were born—you see your beautiful handiwork.

Psalms 139:1, 5, 13-14

When _____ loathes food and draws near death, save them
from their distress. *Psalms 107:18-19*

I pray that out of your glorious riches you will strengthen
_____ with power through your Spirit in their inner being.
Ephesians 3:16

Demolish strongholds of vanity, insecurity, anxiety, and perfectionism in _____'s life. *2 Corinthians 10:4*

Transform _____ by renewing their mind so that they can
see themselves as you do. *Romans 12:1-2*

Prayers You Can Use

Heavenly Father . . .

Make known to _____ the path of life; fill them with joy in your presence. *Psalms 16:11*

Protect _____ from the thief who comes only to steal and kill and destroy; give _____ life—life to the full.

John 10:10

Make _____ holy in every way—in spirit, soul, and body.

1 Thessalonians 5:23 NLT

Let _____ take refuge in you and be glad; let them ever sing for joy. Spread your protection over _____ that they may rejoice in you. *Psalms 5:11*

Remind _____ that they belong to you. May _____ rest in your presence, safe from the condemnation of their own heart.

1 John 3:19–20

Keep _____ from all harm. Watch over their life—their coming and going—both now and forevermore.

Psalms 121:7–8

May _____'s identity be firmly rooted and established in Christ's love. Give _____ the power to grasp how wide and long and high and deep your love is for them.

Ephesians 3:17-18

You have kept track of _____'s sorrows, collecting their tears in a bottle. Prompt _____ to call on you for help, confident that you are on their side.

Psalms 56:8-9

Let _____ know that they are your special possession. Call _____ out of darkness into your wonderful light.

1 Peter 2:9

Whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable—if anything is excellent or praiseworthy—cause _____ to think about such things.

Philippians 4:8

Help _____ remember that their body is a temple where the Holy Spirit lives. Remind _____ that they belong to you and should honor you with their body.

1 Corinthians 6:19-20

Show _____ that even if it seems as though everyone has forgotten or neglected them, you never will. Let them know that their name is engraved on the palms of your hands.

Isaiah 49:15-16

Let _____ find joy in even the most painful circumstances, knowing that you use trials to develop endurance, strengthen character, and make us mature and complete, not lacking anything.

James 1:2-4

When _____ has to choose between life and death, blessings and curses, prompt them to choose life so that they and their children may live.

Deuteronomy 30:19

Turn _____ back from the pit, that the light of life may shine on them.

Job 33:30

Keep _____ from cutting or harming themselves in any way, since they are your children, your treasured possession.

Deuteronomy 14:1-2

Prayers You Can Use

Heavenly Father . . .

When _____ is brokenhearted, bring healing and bind up their wounds. *Psalms 147:3*

Give _____ beauty for ashes, joy instead of mourning, and praise instead of despair. Make _____ an oak of righteousness, displaying your splendor. *Isaiah 61:3*

Lift _____ out of the slimy pit, out of the mud and mire. Give _____ a firm place to stand and a new song to sing—a hymn of praise to you. *Psalms 40:2-3*

Grant confidence to _____; let them see your goodness in the land of the living. Equip _____ to be strong and take heart as they wait for you. *Psalms 27:13-14*

Remind _____ that no matter where they go or how low they sink, your presence is there, and even the darkness is not dark to you, for darkness is as light to you. *Psalms 139:7-12*

When anxiety is great within _____, may your consolation bring joy. *Psalms 94:19*

Remind _____ that Jesus was despised and rejected by others, and that he was a man of suffering, and familiar with pain. *Isaiah 53:3*

Prompt _____ to cast all their cares and anxieties on you because you care for them.

1 Peter 5:7

When _____ is in the depths of despair, be attentive to their cry for mercy and bring full redemption from anxiety, depression, or any other concern.

Psalms 130:1-7

Don't let _____ struggle under the weight of any burden, but cause them to come to you and find rest.

Matthew 11:28-30

When _____ is downcast and disturbed, prompt them to put their hope in you. Direct _____ with your love by day, and sing over them in the night.

Psalms 42:5-8

Don't let _____ be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, may they present their requests to you. And may your peace, which transcends all understanding, guard their hearts and their minds in Christ Jesus.

Philippians 4:6-7

Satisfy _____ in the morning with your unfailing love, that they may sing for joy and be glad. Give _____ gladness for as many years as they have seen trouble.

Psalms 90:14-15

Do not let _____ be enslaved by depression or negative emotions, but enable them to stand firm in the freedom of Christ.

Galatians 5:1

Let the light of your face shine on _____. Fill their heart with joy, and let them lie down and sleep in peace.

Psalms 4:6-8

Cause _____ to obey your commands and remain in your love so they will be filled with complete joy. Let _____ delight in the security of your friendship, knowing that you have chosen them to impact the world by bearing fruit—fruit that will last.

John 15:10-16

Prayers You Can Use

Heavenly Father . . .

You know what it's like to teach a child to walk, to lead them with ties of love, and to bend down and feed them. Now, as _____ seems determined to turn from you, have compassion and do not be angry. Put an end to their rebellious plans, prompt them to follow you, and bring them home.

Hosea 11:1-11

Lift _____ out of the slimy pit, out of the mud and mire. Give _____ a firm place to stand and a new song to sing, a hymn of praise to you. May all who seek to harm _____ be turned back in confusion and disgrace.

Psalms 40:2-3, 14

Teach _____ to fear you and worship you and listen to your voice. Do not let them rebel against your commands, but cause them to follow you, so that all will be well.

1 Samuel 12:14

Bring people into _____'s life who will gently instruct them. Grant repentance leading to the knowledge of the truth, so that they will come to their senses and escape the trap of the devil, who has taken them captive to do his will.

2 Timothy 2:25-26

Let _____ listen to your voice. Do not let them harden their heart in rebellion, but put people in _____'s life who will bring encouragement so that they won't be hardened by sin's deceitfulness.

Hebrews 3:7-13

Save, help, and deliver _____ according to your great love.
Give our family the help we need; with you, we will gain the victory as you trample our enemies. *Psalms 108:6, 12-13*

Children are a reward from you. You compare them to arrows in a quiver. Help me point _____ straight toward you, and don't let us be put to shame by the people and forces who oppose us. *Psalms 127:3-5*

Teach _____ to say no to ungodliness and worldly passions and live a self-controlled, upright, and godly life. *Titus 2:12*

When _____ wanders in wastelands, sits in darkness as a prisoner in chains, or makes foolish and rebellious decisions that lead to affliction, may they cry out to you. Send out your word and heal _____; rescue them from the grave. *Psalms 107:4-20*

Cause _____ to grab hold of wisdom and enjoy your protection. Do not let _____ set foot on the path of the wicked or walk in the way of evildoers, but instead lead them to walk in the path of the righteous. *Proverbs 4:6, 14, 18*

Let _____ put their hope in your unfailing love, knowing that with you is full redemption from every kind of sin. *Psalms 130:7-8*

Call _____ back to you, and heal their wayward heart. *Jeremiah 3:22 NLT*

Thank you, Lord, for the riches of your kindness, forbearance, and patience. In your kindness, lead _____ toward repentance.

Romans 2:4

Even as the shepherd rejoiced in the return of his lost sheep, and the woman rejoiced when she found her lost coin, let us rejoice in your faithfulness when you bring _____ back to our home. Let the dead be made alive and the lost be found.

Luke 15:1-10, 32

Break down every proud argument against God and every wall in _____'s life that keeps them from finding God. Capture rebels, including _____, to bring them back to God and change them into people whose hearts' desire is obedience to Christ.

2 Corinthians 10:4-5 TLB

Turn _____ from darkness to light, from the power of Satan to God, that they may receive forgiveness of sins and a place among those who are sanctified by faith.

Acts 26:18

Prayers You Can Use

Heavenly Father . . .

Whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is admirable—if anything is excellent or praiseworthy—may _____ think about such things.

Philippians 4:8

Set a hedge of protection around _____, one that evil cannot penetrate.

Job 1:10

Let no unwholesome words or pictures have a place on _____'s phone or computer screen. Instead, let all online communication be helpful for building people up according to their needs, so that they may benefit from technology use.

Ephesians 4:29

Prompt _____ to guard what they see, since the eye is the lamp of the body and if the eyes are healthy, the whole body is full of light.

Matthew 6:22-23

When _____ feels lonely or distressed by social media or online content, come to their rescue. May integrity and uprightness protect _____ as they put their hope in you.

Psalms 25:16-21

Don't let _____ look with approval on anything that is vile. May they have no part in what faithless or perverse people do, and have nothing to do with evil or any kind of slander—whether it is done face-to-face, over the telephone, or online.

Psalms 101:3-4

May _____ grow up healthy in God, robust in love, and refusing to go along with the empty-headed, mindless crowd who have lost touch not just with God but with reality itself.

Ephesians 4:16-18 MSG

Guard _____'s heart and mind so that they will not spend time gossiping or saying things they shouldn't, whether online or in person.

1 Timothy 5:13

Let _____ have nothing to do with the fruitless deeds of darkness, since it is shameful to even mention what the disobedient do in secret. If _____ is involved in anything dark or evil, expose it with the light of your love.

Ephesians 5:11-13

Search _____ and know their heart. Point out anything that offends you and lead them along the path of everlasting life.

Psalms 139:23-24

You see all that _____ does—every website they visit, every image they post, every online path they take. Don't let them be ensnared by the evil deeds of the wicked or be led astray by their own great folly.

Proverbs 5:21-23

Cause _____ to walk in the way of love when they go online, rejecting anything that bears even a hint of sexual immorality or of any kind of impurity, greed, obscenity, foolish talk, or coarse joking.

Ephesians 5:3-4

Help _____ to be alert and sober-minded regarding the dangers that can come via the internet. Protect _____ so that they will not be devoured by the enemy.

1 Peter 5:8

Open my eyes and teach me, Lord, so I will be equipped to set limits and establish rules for internet use in our house. Give me wisdom, and cause my teens to listen to my instruction and not forsake my teaching in this important area.

Proverbs 1:8

Prayers You Can Use

Heavenly Father . . .

Let _____ thirst for a drink from your river of delights rather than for anything that alcohol offers, for with you is the fountain of life. *Psalms 36:8-9*

Teach _____ what is best; direct them in the way they should go. Cause _____ to pay attention to your commands so that they will experience peace like a river and well-being like the waves of the sea. *Isaiah 48:17-18*

Cause _____ to live a decent life for all to see, not participating in the darkness of wild parties and drunkenness but being clothed with the presence of Christ. *Romans 13:13-14 NLT*

Don't let _____ be drunk with alcohol, because that will ruin their life. Instead, fill _____ with the Holy Spirit. *Ephesians 5:18 NLT*

Show _____ that they will become a slave to whatever they choose to obey—peers, a craving for alcohol, a desire for popularity, or any other sin. Prompt them to obey you and enjoy righteous living. *Romans 6:16*

Help _____ to live by the Spirit so that they will not want to gratify the desires of the sinful nature. Instead of being filled with debauchery or drunkenness, may _____ be filled with the fruit of the Spirit and live a life marked by love, joy, peace, forbearance, kindness, goodness, faithfulness, gentleness, and self-control.

Galatians 5:19-23

Don't let _____ waver between two opinions; prompt _____ to serve you, not peers or alcohol.

1 Kings 18:21

Give _____ an eagerness to do your will, turning away from things like debauchery, lust, drunkenness, carousing, and reckless, wild living—even when their friends act surprised by their good behavior and heap abuse on them.

1 Peter 4:2-4

When the enemy tries to use things like alcohol or peer pressure to cause _____ to stumble, give them an alert and sober mind to stand firm and resist Satan's evil schemes. Remind them that they stand with godly teens all over the world who face similar temptations, persecution from peers, and suffering.

1 Peter 5:8-10

Cause _____ to listen to your commands and become wise instead of joining with those who drink too much alcohol or gorge themselves on meat, for drunkards and gluttons become poor, and drowsiness clothes them in rags.

Proverbs 23:19-21

Do not let _____ be tempted beyond what they can bear, but provide a way out so that they can endure it.

1 Corinthians 10:13

When sinful people entice _____, saying “Come along with us,” give them the strength and courage to stay far away from their paths.

Proverbs 1:10–15

Teach _____ to say no to ungodliness and worldly passions and to live an upright and godly life among their peers.

Titus 2:11–12

Prompt _____ to live a life of moral excellence, which leads to knowing you better, which leads to self-control—so that ultimately they will be productive and useful.

2 Peter 1:5–8

When I need to discipline _____, don’t let them resent it. Remind _____ that you discipline those you love, and that my correction is a sign of my love.

Proverbs 3:11–12

Prayers You Can Use

Heavenly Father . . .

When _____ experiences conviction of sin, remind them that you are the God who brings the dead back to life and who creates new things—including reputations and purity—out of nothing.

Romans 4:17 NLT

Equip _____ to be self-controlled and live in holiness and honor—not in passionate lust, like the example so often set by people who do not know you.

1 Thessalonians 4:4-5

Do not let any part of _____'s body become an instrument of evil to serve sin. Instead, may _____ use their whole body as an instrument to do what is right for the glory of God.

Romans 6:12-13 NLT

Teach _____ to take every thought captive and make it obedient to Christ.

2 Corinthians 10:5

Create in _____ a clean heart, and renew a loyal spirit within them. Give _____ joy and a spirit that is willing to obey you.

Psalms 51:10-12 NLT

When _____ is on a date, remind them not to do anything out of selfishness or vanity, but to be humble, valuing their date above themselves and treating them the way they would want someone to treat their future spouse.

Philippians 2:3

Guard _____'s heart in romantic relationships, for that determines the course of their life.

Proverbs 4:23 NLT

Prompt _____ to flee from sexual immorality, since sexual sin is against one's own body, and our bodies are the temple of the Holy Spirit.

1 Corinthians 6:18-19

When _____ thinks they are standing strong, remind them to be careful not to fall! When _____ is tempted, provide a way out.

1 Corinthians 10:12-13

When _____ is caught in sexual sin, remind them that your mercies begin afresh each morning. Put people in their life who will restore them gently.

Lamentations 3:23 NLT; Galatians 6:1

Surround _____ with people who will teach them to be temperate, worthy of respect, self-controlled, sound in faith, loving, patient, and pure.


Titus 2:2-5

Keep _____'s heart from growing hard and being drawn away from you so they indulge in every kind of impurity. Keep _____'s heart soft and sensitive to your Holy Spirit.

Ephesians 4:18-19

Put to death all things in _____'s life that belong to their earthly nature: sexual immorality, impurity, lust, evil desires, and greed, which is idolatry.

Colossians 3:5



Keep _____'s heart from being drawn to evil; protect them
from snares and traps set by evildoers. *Psalms 141:4, 9*

Give _____ the grace to believe there is no condemnation
for those who are in Christ Jesus, and that nothing can separate
them from your love. *Romans 8:1, 39*

Prayers You Can Use

Heavenly Father . . .

Don't let _____ be a slave to sin, but give them a permanent place in your family. *John 8:34-35*

Put people in _____'s path who will gently teach them. Cause them to come to their senses so they will believe the truth and escape from the trap of drugs and lies that Satan uses to hold people captive. *2 Timothy 2:25-26*

Do not let _____ be afraid or put to shame. Teach _____ and give them peace. Do not let drugs or any other weapon prevail against them. *Isaiah 54:4-17*

Demolish any strongholds of lying, rebellion, and drug use in _____'s life. Remove anything that gets in the way of their knowledge of you, and cause their thought life to be obedient to Christ. *2 Corinthians 10:5*

Do not let _____ conform to the world's pattern of drug use, but transform and renew their minds so they will approve of your good, pleasing, and perfect will. *Romans 12:2*

Help _____ to see the truth—that people who use drugs and who encourage others to do so are bent on stealing, killing, and destroying. Prompt them to turn to you, knowing that your plan is to give them a rich and satisfying life.

John 10:10 NLT

Remind _____ that their body is your temple. It may look ruined now, but don't let them be afraid. Equip _____ to trust you to fill them with your glory—greater glory than ever before—and grant them peace.

Haggai 1:9; 2:5-9

Help _____ persevere in trials, relying on your strength instead of on drugs. Equip _____ to stand the test and receive the crown of life you have promised to those who love you.

James 1:12

Prompt _____ to take responsibility when they are tempted, not blaming you but recognizing the strength of their own evil desires. Keep _____ from giving in to those desires, since they lead to sin and death. Protect _____ from deception.

James 1:13-16

Keep _____ safe from the traps that evildoers set, including the snares of illegal drugs and peer pressure.

Psalms 141:9

Open _____'s eyes to see that drugs are a way that may seem right, but in the end they lead to death.

Proverbs 14:12

Come alongside _____ when they are tempted or going through hard times, and then show them how to come alongside other people in their struggles. May _____ experience the full measure of your comfort.

2 Corinthians 1:3-5 MSG

Set _____ free, and help them stand firm. Do not let _____ be burdened by a yoke of slavery to drugs or to any other evil.

Galatians 5:1

Remind _____ that there is no condemnation for anyone who is in Christ Jesus, and that nothing—no addiction, no past mistakes, no powers of hell—can separate them from your love.

Romans 8:1, 38-39

Prayers You Can Use

Heavenly Father . . .

You see everything that _____ does. Open my eyes to the things I need to see, and give me the wisdom and the courage to deal with the situation when my teen is caught doing wrong.

Proverbs 15:3

_____’s sins—even the secret ones—are revealed in the light of your presence. Teach _____ to make the most of this time and grow in wisdom.

Psalms 90:8, 12

Cause _____ to renounce secret and shameful ways. Do not let them use deception or do anything to distort your word.

2 Corinthians 4:2

Let _____ have nothing to do with the fruitless deeds of darkness, but rather expose them, realizing it is shameful even to mention what the disobedient do in secret.

Ephesians 5:11-12

When _____ is caught in sin, have mercy. Wash away all iniquity and cleanse them from sin, giving them a clean heart and a spirit that is willing to obey you.

Psalms 51:1-2, 10-12.

Lord, if you kept a record of our sins, who could ever survive?
Prompt _____ to take hold of the forgiveness you offer and
learn to fear you and put their hope in your word.

Psalms 130:3-5

Repay _____ for the years that the locusts have eaten; may
they praise you and never again be shamed.

Joel 2:25-26

When _____ thinks that the darkness will hide them, remind
them that darkness is as light to you. Search _____ and know
their heart. Turn your spotlight on any offensive words, thoughts,
or behaviors, and lead them in the way everlasting.

Psalms 139:11-12, 23-24

Let _____ look to you and be radiant with a face that is never
covered with shame.

Psalms 34:5

Show _____ that they are your own possession, called to
show others the goodness of God. May _____ keep away
from worldly desires and live properly among unbelieving neigh-
bors so that they will see their honorable behavior and give glory
to God.

1 Peter 2:9-12 NLT

In a world where many teens hate the light because they want to
sin in the darkness, cause _____ to do what is right and come
into the light so that others can see they are doing what you want.

John 3:20-21

Remind _____ that their sin will find them out.

Numbers 32:23

Whoever conceals sin does not prosper; prompt _____ to confess and renounce sin and find mercy.

Proverbs 28:13



Prayers You Can Use

Heavenly Father . . .

As _____ listens to or plays music, may they do it for your glory.
1 Corinthians 10:31

Draw _____ into true fellowship with you, teaching them to listen to music that brings light instead of darkness.

1 John 1:5

Teach _____ to steer clear of any music that smacks of sexual impurity or obscenity, choosing instead to sing and make music in their heart to you.
Ephesians 5:3-4, 19

Help _____ tune their ear to wisdom and concentrate on understanding the message behind the songs they hear.

Proverbs 2:2

Strengthen _____ so that when others refuse to put up with sound doctrine and decide to listen to the music that says what their itching ears want to hear, their ears will stay tuned to the truth.
2 Timothy 4:3-4

Let _____ sing for joy and worship you with a heart that hears your voice.
Psalms 95:1-7

In a generation that has closed its ears and finds your word offensive, prompt _____ to open their ears and listen to you.

Jeremiah 6:10

May _____ sing praise to you as long as they live.

Psalms 104:33

Don't let _____ listen to the songs of fools; instead, may they heed the rebuke of a wise person.

Ecclesiastes 7:5

Teach _____ to pray in the spirit with understanding and to sing in the spirit with understanding.

1 Corinthians 14:15 NLT

Whether _____ turns to the right or to the left, be the voice in their ears showing them exactly which way to walk—even in the aisles of an online music store.

Isaiah 30:21

Lead _____ by the Holy Spirit. Let _____ reject music that promotes sexual immorality, impure thoughts, hostility, angry outbursts, selfish ambition, and other sinful desires, choosing instead to value music that promotes genuine love, peace, kindness, and self-control.

Galatians 5:16-22

Show _____ that the world and its music—which is filled with lust, greed, and pride—will fade away, but the one who does the will of God will live forever.

1 John 2:15-17

Shield _____ from vulgar and violent music; instead, let the loud noises of singing, shouting, and blasting horns that they hear come from songs of joy.

Psalms 98:4-6

Protect _____'s physical and spiritual hearing; give _____ ears to hear what your Spirit says.

Revelation 2:7

Let _____ choose music that promotes life, listening to your voice and holding fast to you.

Deuteronomy 30:19-20

May _____'s music choices reflect that which is true, honorable, right, pure, lovely, and admirable—music that is excellent and worthy of praise.

Philippians 4:8 NLT

Prayers You Can Use

Heavenly Father . . .

Clothe _____ with the Lord Jesus Christ so that they won't spend time thinking about ways to gratify the desires of the flesh.

Romans 13:14

For a daughter: Clothe _____ with strength and dignity. Help her remember that charm is deceptive, and beauty is fleeting, but a woman who fears the Lord is to be praised.

Proverbs 31:25, 30

May _____ be dressed ready for service.

Luke 12:35

Clothe _____ with your Spirit, as you did for Gideon, so they can lead others in wisdom and righteousness.

Judges 6:34

Keep _____ from dressing in such a way that could cause anyone to stumble into sin.

1 Corinthians 10:32

Let _____ be content with the clothing they have, with plenty or little.

Philippians 4:12 NLT

Let _____'s attractiveness come from good deeds rather than from any elaborate hairstyles or expensive clothing.

1 Timothy 2:9-10

Clothe _____ with joy, with a heart that sings to you.

Psalms 30:11-12

Don't let _____ be like a haughty woman of Zion, walking around with an outstretched neck and flirtatious eyes. Instead, may _____ be clothed with humility, knowing that you oppose the proud but give grace to the humble.

Isaiah 3:16; 1 Peter 5:5

Whether _____ needs sports equipment, school clothing, new shoes, or even a gown or a tuxedo, help them rely on you, knowing that you promise to meet all of our needs according to your glorious riches in Christ Jesus.

Philippians 4:19

Help _____ not to worry about clothing. Point their eyes toward your creation and how you clothe even the grass of the field with beauty.


Matthew 6:28-30

Crown _____ with your beauty, removing any spirit of despair and replacing it with a garment of praise.

Isaiah 61:3

Don't let _____ dress to impress others; rather, cause them to respect others and look out for their interests.

Philippians 2:3-4 NLT

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Clothe _____ with the belt of truth, the body armor of your righteousness, shoes that are ready to preach the good news of peace, and the shield of faith to stop Satan's fiery arrows. Outfit _____ with the helmet of salvation and the sword of the Spirit, which is your word.

Ephesians 6:14-17 NLT

Prayers You Can Use

Heavenly Father . . .

As the mountains surround Jerusalem, surround _____ with your protection, now and forevermore. *Psalms 125:2*

Do not let _____'s foot slip; keep them from all harm. Thank you for being a God who neither slumbers nor sleeps but watches over my teen, now and forevermore. *Psalms 121:3-8*

Help _____ run in such a way as to get the prize and value strict training—both in athletics, where the victor's crown is temporal, and in life, where the crown lasts forever.

1 Corinthians 9:24-25

Grant _____ grace to submit to coaches and referees, demonstrating humility toward everyone. *1 Peter 5:5*

When a bad call goes against _____, remind them that Jesus was crushed, oppressed, and afflicted, even though he had done nothing wrong, and he did not open his mouth.

Isaiah 53:5-7

When _____ struggles with athletic disappointment or injury, remind them of your plans to prosper them and give them hope and a future. Prompt _____ to pray, especially during seasons of discouragement, and listen to them when they call on you. *Jeremiah 29:11-12*

Use athletic trials—including injuries, lack of playing time, poor coaching, getting cut from a team—to strengthen and refine _____'s faith, proving it genuine and of greater worth than gold.

1 Peter 1:6-7

Help _____ to remember that opponents may be strong in the flesh, but you are with them to help fight the battles.

2 Chronicles 32:8

Let _____ see troubles as an opportunity for great joy, since endurance grows when faith is tested. Use disappointments and defeats to make _____ perfect and complete, needing nothing.

James 1:2-4 NLT

Strengthen _____ when they are weary and grant power when they are weak. Cause them to hope in you; renew their strength; let them run and not grow weary and walk and not be faint.

Isaiah 40:29-31

As _____ runs the race of life, let them throw off everything that hinders and the sin that so easily entangles. Equip _____ to run with perseverance, keeping their eyes fixed on Jesus so they will not grow weary and lose heart.

Hebrews 12:1-3

Help _____ not to fear but to stand firm and trust you. Whether competing on the athletic field or waging a battle against sickness or injury, may they remember that you are fighting for them.

Exodus 14:13-14

Command your angels concerning _____ to guard them in all their ways.

Psalms 91:11

May _____ be joyful in hope, patient in affliction, and faithful in prayer—whether they have a starting position or aren't getting as much playing time as they want.

Romans 12:12

In sports and in life, equip _____ to be on guard, to stand firm in faith, to be courageous, and to be strong.

1 Corinthians 16:13

When _____ enjoys an athletic victory or accomplishment, prompt them to give you the credit, knowing that everything they have—including athletic talent and ability—comes from your hand.

1 Chronicles 29:12-14

Prayers You Can Use

Heavenly Father . . .

Let _____ be glad for all that you are planning. May _____ be joyful in hope, patient in affliction, and faithful in prayer.

Romans 12:12

Fulfill your purpose in _____. Give them a rich and satisfying life.

John 10:10 NLT

Fill _____ with knowledge and depth of insight to discern what is best in their future schooling, career choices, and family life. May _____ be pure and blameless, filled with the fruit of righteousness that comes through Jesus, so as to bring glory to your name.

Philippians 1:9-11

Remind _____ that you have plans to prosper them and not to harm them, plans to give them hope and a future. Cause _____ to come to you and pray about everything, knowing that you will listen.

Jeremiah 29:11-12

As _____ becomes more independent, teach them to trust in you with all their heart, leaning not on their own understanding but submitting to you so that you will make their paths straight.

Proverbs 3:5-6

When _____ faces a big decision—a career choice, a marriage partner, or something else—may they see the situation through your eyes and respond to people and circumstances with your wisdom and your love.

1 Samuel 16:7

Fill _____ with the knowledge of your will through all spiritual wisdom and understanding, that they may live a life worthy of you and please you in every way.

Colossians 1:9-10

Enable _____ to support and provide for their family, so that no one can accuse them of denying the faith.

1 Timothy 5:8

Teach _____ to manage time wisely and grow in wisdom.

Psalms 90:12

Do not let _____ be arrogant or put their hope in wealth, but cause them to trust you and be rich in good deeds, generous, and always willing to share.

1 Timothy 6:17-18

Place a hedge of protection around _____ and all that they have, so that nothing will harm them and they will not be drawn to anything that is not from you. Bless the work of their hands.

Job 1:10

When _____ meets and falls in love with the one they will marry, let their relationship be marked by patience, kindness, humility, selflessness, truthfulness, and joy. Let their love never fail.

1 Corinthians 13:4-8

Whatever _____'s hand finds to do, let them work at it with all their heart, as though they are working for you and not for human masters.

Colossians 3:23

Do immeasurably more in _____'s life than all we could ever ask or imagine. Display your power in their life, and may they bring glory to you for all generations.

Ephesians 3:20-21

May _____ and their descendants be known among the nations, and may all who see them acknowledge that they are a people the Lord has blessed.

Isaiah 61:9

Bless _____ and keep them; may your face shine on them. Turn your face toward _____ and give them peace.

Numbers 6:24-26