



Reading Questions

1. Was there a woman in your life that you remember as being unapologetically themselves? What was it about her that stood out to you?
2. Can you think of a specific time in your childhood that you needed and asked for help? What was the outcome of your request?
3. Can you remember one specific time when you were doing the thing that you are truly made for?
4. Is there a talent or gift that others affirm that they see in you?
5. What is one commitment or responsibility that you feel like God is wanting you to let go of?
6. Is there a specific belief or idea that you were taught to believe, but you've started to doubt or question?
7. Was there a person in your life that had the most impact in your worldview and belief in God?
8. Is there one (or more) beliefs or ideas that you're ready to release?
9. Is there a person, or group of people, that you feel the most yourself around?
10. Can you remember a moment that you opted out of drama? What were the results of doing so?